

Succeeding in your studies

Wednesday, 28.01.2026 | 10:00 - 12:45 pm

Central Campus, Room Zwischenbau VI, ZB VI 3

The workshop shows how to better understand and optimise your own study behaviour in order to use your study time efficiently. Participants learn how the brain processes information, discover their study type and are given practical methods to increase their productivity and retain knowledge long term. Techniques such as the Pomodoro method, SMART goals and individual learning plans are used to show how learning can be made more efficient, structured and sustainable, enabling participants to prepare for exams in the best possible way in the future.

Workshop 'Succeeding in your studies'

Wednesday, 28.01.2026, from 10:00 am

Room ZB VI, 3

What is the aim of the workshop?

The aim of the workshop is to show students how they can learn more effectively and increase their productivity in their everyday studies. By the end of the workshop, they should have developed suitable learning strategies and, with the help of practical methods, be able to optimise their learning time.



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Who is the workshop for?

The workshop is aimed at anyone wanting to learn how to structure their time better and prepare for exams in the best possible way.

What do I need to bring?

The following items are required for the workshop:

- Pen and paper (alternatively a tablet)
- Your weekly schedule of classes
- Study materials for upcoming exams (digital copies are sufficient)

Is there a charge for the workshop?

No, all workshops offered by the Student Counseling are free of charge for students.

How can I register?

To book a workshop, please send an email to lehre-studium@btu.de with the subject line 'Succeeding in your studies' and your matriculation number as well as your study programme. Please note that the spots are limited to a maximum of 30 people.

Contact

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