

Soft Skills for Studying in Germany

Central Campus, Main Building

This workshop shows how to better understand and optimize your own learning behavior in order to use study time more efficiently. Participants will learn how the brain processes information, discover their learning preferences, and receive practical methods to retain knowledge in the long term and increase productivity.

Using techniques such as the Pomodoro Method, SMART goals, and individual learning plans, the workshop demonstrates how studying can become efficient, structured, and sustainable — helping students prepare effectively for future exams.

Workshop „Learning Skills & Time Management“

What is the goal of the workshop?

The aim of this workshop is to show students how to learn more effectively and increase their productivity in everyday university life. By the end of the workshop, participants will develop suitable learning strategies and use practical methods to manage their study time more efficiently.



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Who is this workshop for?

This workshop is suitable for anyone who wants to structure their time better and prepare more effectively for exams.

What should I bring?

Please bring the following:

- Pen and paper (or a tablet)
- Your weekly schedule of classes
- Study materials for upcoming exams (digital materials are sufficient)

Does the workshop cost anything?

No. All workshops offered by Student Counseling are free of charge for students.

How can I register?

Please register by sending an email to

lehre-studium@btu.de, Subject line: "**Successful Through Your Studies**"

Please include:

- Your matriculation number
- Your degree program

Please note that participation is limited to **15 students**.

Kontakt

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