

# Welcome @ BTU

## Summer Semester 2026

**Prof. Dr. p.h. habil.**

**Gesine Grande**

Präsidentin

# Merlin Tesch

Student. Vizepräsident

**OTIWO e.V.**

Student. Vertreter



Brandenburgische  
Technische Universität  
Cottbus - Senftenberg



# From Mensa to the Master's

Introduction to Student  
Counseling

at BTU Cottbus-Senftenberg

## Who am I?

**M. Sc. Sandra Soult**

**Head of Student Counseling**

Including: Psychological  
Counseling, Learning and  
Exam Coaching

Main Building  
Room HG 1.20




# WHEN SHOULD YOU VISIT US?

**In short:**

**You can come with all kinds of problems during your studies.**

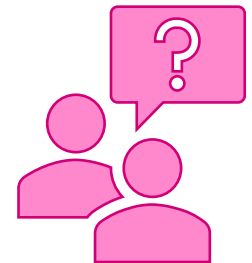
**In short:**

**You can come with all kinds of problems during your studies.**




**“The most important skill is not to give  
the right answers, but to ask the right  
questions.”**

*(attributed to Albert Einstein)*



# FROM MENSA TO MASTER'S WHAT DOES THE STUDENT COUNSELING DO?

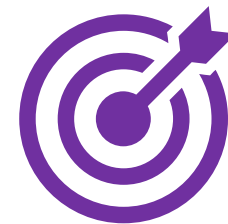
**What is the most important question at the beginning of your studies?**

Show of hands: 

**Answer A:** Where can I find past exam papers?

**Answer B:** How do I create my timetable?

**Answer C:** When is the semester opening party?



# FROM MENSA TO MASTER'S

## WHAT DOES THE STUDENT COUNSELING DO?

### What is the most important question at the beginning of your studies?

Show of hands:

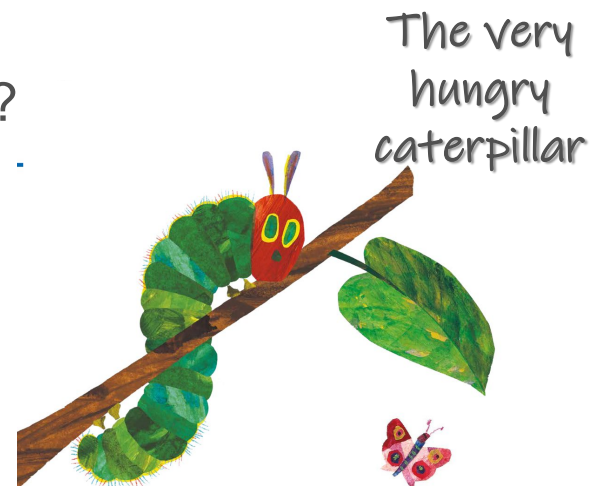
~~Answer A: Where can I find past exam papers?~~

~~Answer B: How do I create my timetable?~~

~~Answer C: When is the semester opening party?~~

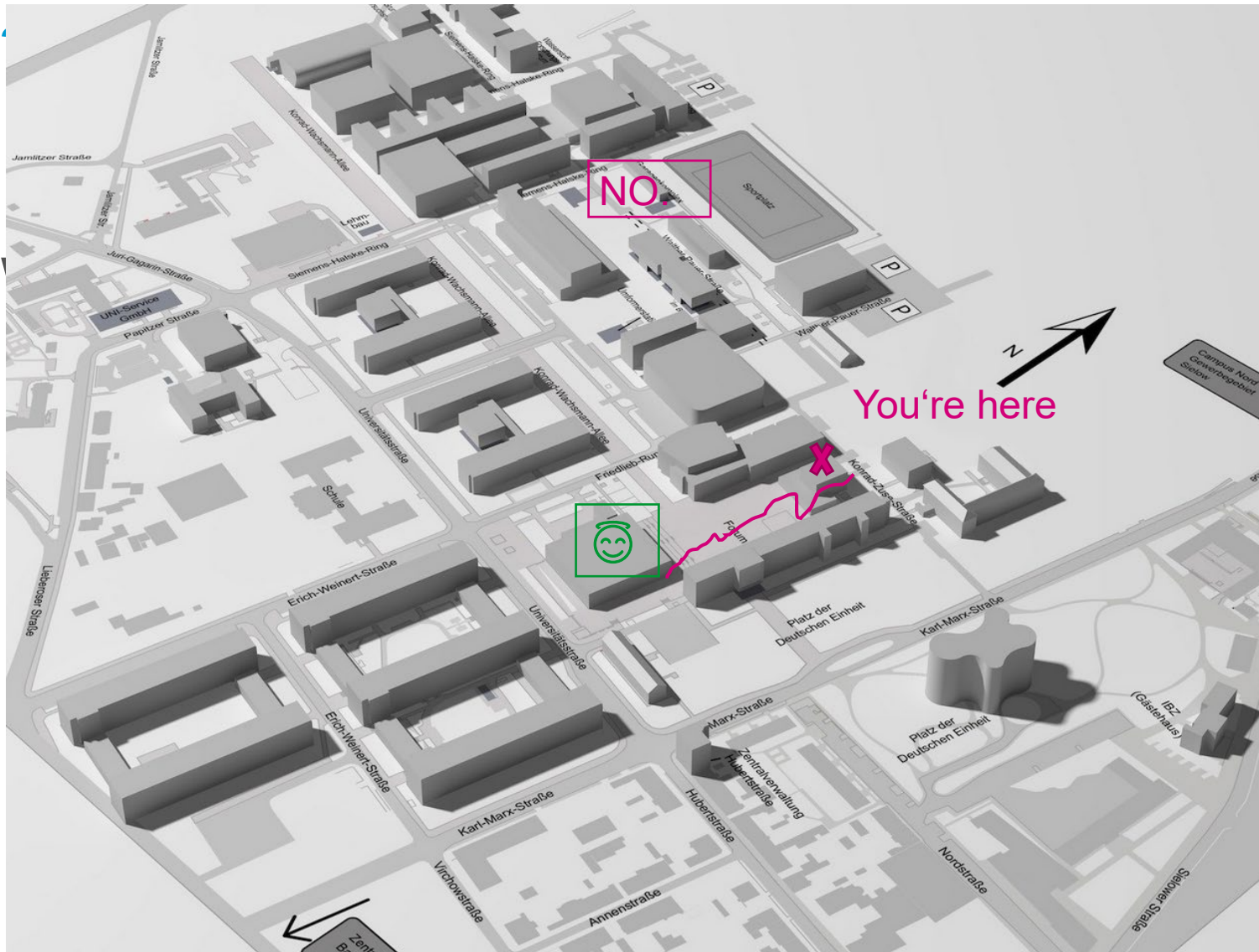


None of the above!









# How do I get to the MENSA?

# HOW DO I GET TO THE MENSA?



# WHAT CAN YOU EAT THERE?

→ Please note: The menu may differ slightly across campuses.

Mon 13.04.	Tue 14.04.	Wed 15.04.	Thu 16.04.	Fri 17.04.	CW 16	CW 17	CW 18
<b>Line 1</b>  Couscos vegetable pan   Herb yogurt dip (vegan) 				<b>Line 3</b>  FairMast Fried chicken nuggets   Cole slaw			
<b>Line 4</b>  More than a meal: Mie noodles with broccoli and tempeh  							

Source:




<https://mensatime.webspeiseplan.de/menu>

BTU Campus App



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Source:

<https://mensatime.webspeiseplan.de/menu>

Mr. Eichelberger (Zentralcampus) is always there for your concerns.



**For what other questions and  
problems can you contact the  
Student Counseling Services?**

...and much more — if it affects your studies, you can talk to us.

## Academic

Exams and exam preparation  
Learning strategies & study skills  
Procrastination & time management  
Study goals & study planning  
Am I in the right program?

## Life

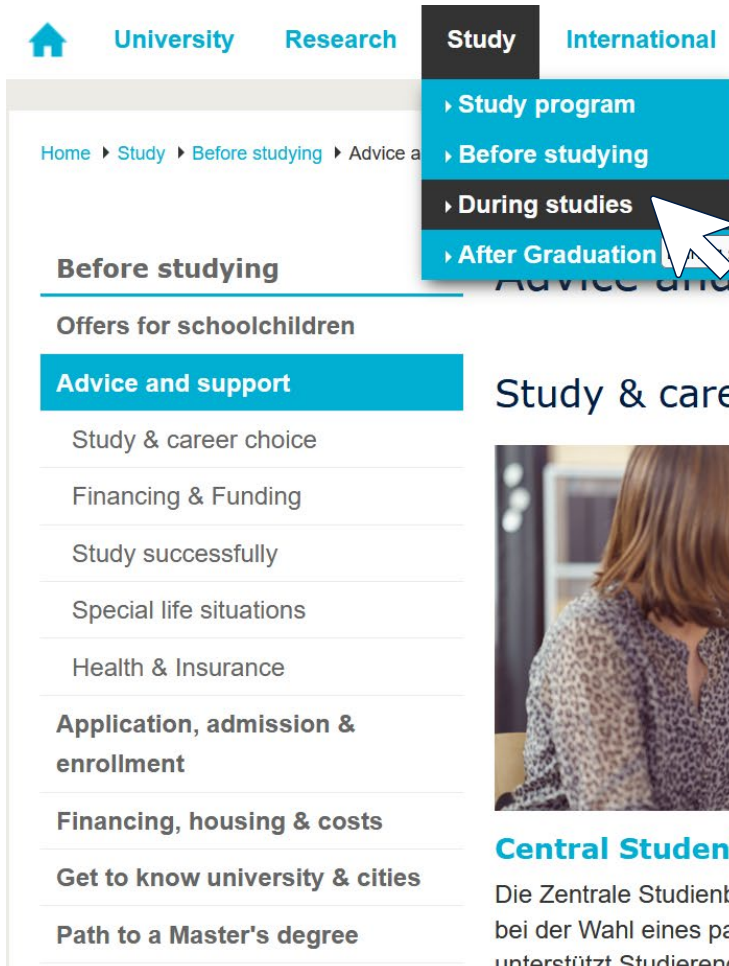
Making friends & social connections  
Housing & financial concerns  
Work–study balance  
Career orientation & future planning

## Personal

Stress & feeling overwhelmed  
Motivation problems  
Personal or health-related  
challenges

Conflicts with  
classmates, lecturers,  
or employers  
Need someone  
to talk to

# WHERE DO YOU FIND US



**What's getting in the way of your studies?**  
Exam stress, study doubts, lack of direction?  
Talk to us - we're here to help.

Student Counselling  
T +49 (0)355 693800  
studium@b-tu.de  
[www.b-tu.de/en](http://www.b-tu.de/en)



## Study & career choice



### Central Student Advisory Service

Die Zentrale Studienberatung hilft Studieninteressierten bei der Wahl eines passenden Studiengangs und unterstützt Studierende in besonders herausfordernden Situationen.



### Subject-Related Counselling

The subject-related counselling helps with questions regarding the academic and organisational aspects of your studies.

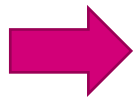
# Open Phone Consultation

# 0355 - 693800



[studium](mailto:studium@b-tu.de)

[@b-tu.de](mailto:studium@b-tu.de)



Under the „News“ section we will upload all the presentations from today.

## Central Study Counseling

The Central Student Guidance and Counselling team is available to all prospective students to help them decide which degree program is right for them. In addition, the Central Student Advisory Service and the student advisors help to clarify all questions relating to the course and the study environment.

▶ News

▶ Our Team

▶ Events & Workshops

▶ FAQ's

▶ Help in Emergency Situations

▶ Related Offers of Help

**Please note:** Our counselling is confidential and open to all students and prospective students.

## Open Phone Consultation

**+49 (0)355 69 3800**

Tuesday - Friday 9:00 -12:00

Tuesday & Thursday 13:00 -15:00

Wednesday 13:00 - 17:00

✉ [studium@b-tu.de](mailto:studium@b-tu.de)

## Contact

Central Campus Cottbus

### Sandra Soult

Head of Student Counselling

[Hauptgebäude, Raum 1.20](#)

### Jenny Handke

Study Advisor

[Hauptgebäude, Room 1.19](#)

## Campus Senftenberg

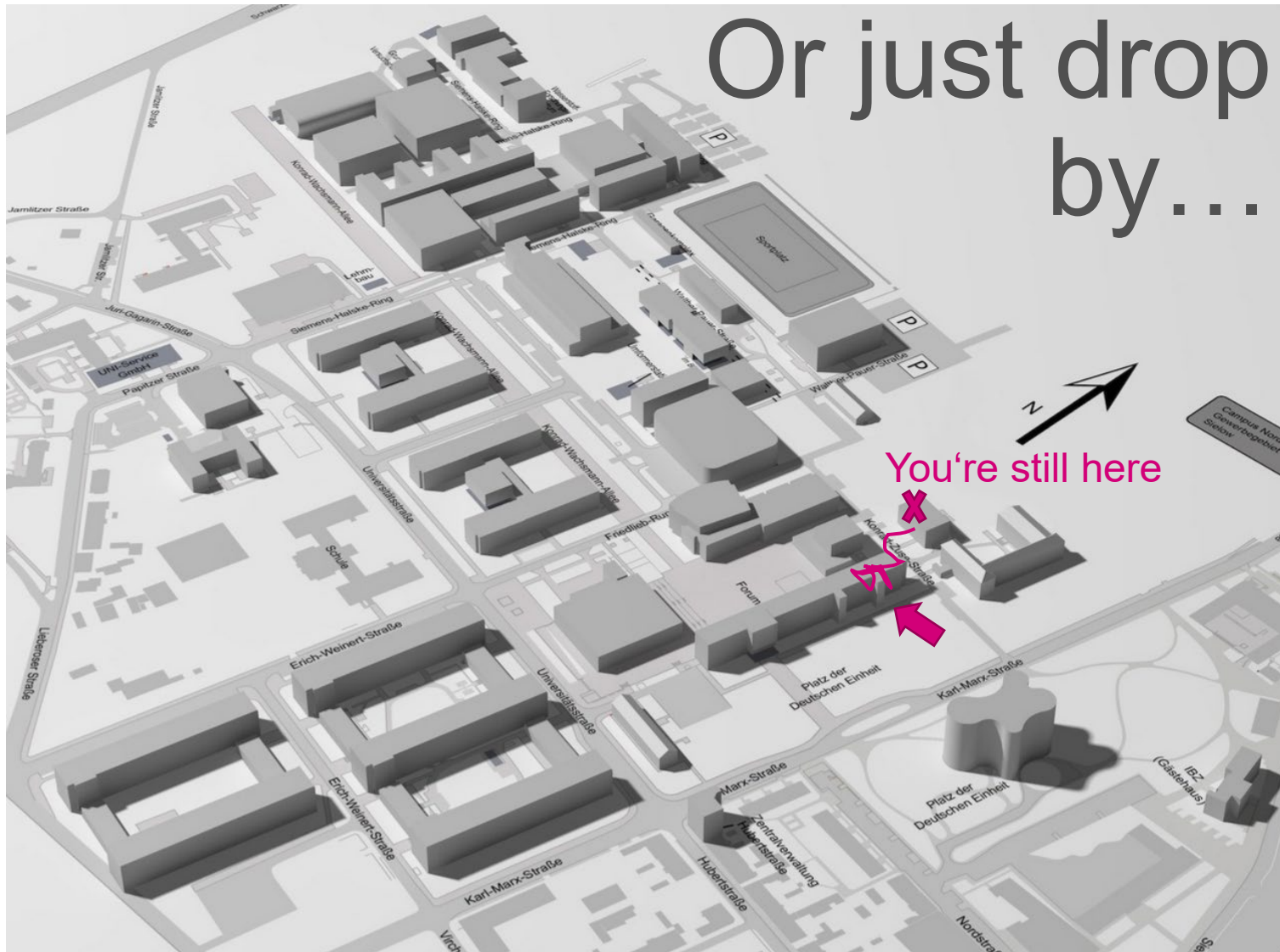
### Heike Postelt

Study Advisor

[Senftenberg, Gebäude 2, Room](#)

[2.213.3](#)

# WHERE DO YOU FIND US



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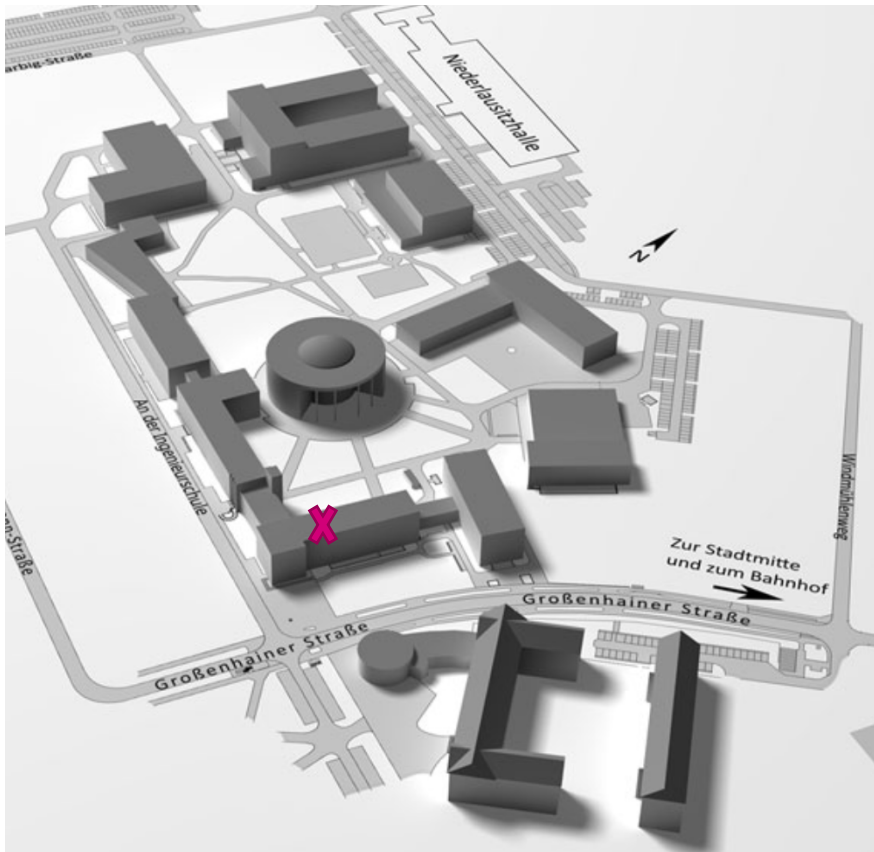
In case the last slide was too small...



# WHERE DO YOU FIND US

## Campus Senftenberg

There's also someone waiting for your questions in Senftenberg!...



# CENTRAL STUDENT COUNSELING

## USE OUR WORKSHOPS



**[partici.fi/25628746](https://ars.particify.de/present/25628746)**



<https://ars.particify.de/present/25628746/series/Semesterstart/1>

# CENTRAL STUDENT COUNSELING

## USE OUR WORKSHOPS



### Events & Workshops

#### Sommersemester 2026

Workshop	Contents (short)	Time & Place	Target Group	Bookable
Soft Skills for Studying in Germany & Integration in the Jobmarket	<a href="#">PDF</a> Exam Coaching & Time Management	Wednesday, 06. Mai 2026 15:30 – 17:30 Uhr, Hauptgebäude, Seminarraum 0.16, Zentralcampus	all students	yes
Soft Skills for Studying in Germany & Integration in the Jobmarket	<a href="#">PDF</a> Exam Coaching & Time Management	Wednesday, 20. Mai 2026 15:30 – 17:30 Uhr, Hauptgebäude, Seminarraum 0.16, Zentralcampus	all students	yes
Soft Skills for Succeeding in Your Studies	<a href="#">PDF</a> Exam Coaching & Time Management	Thursday, 11. Juni 2026 15:30 – 17:30 Uhr, Hauptgebäude, Seminarraum 0.16, Zentralcampus	all students	yes

Please book the workshop via email to: ✉ [lehre-studium\(at\)b-tu.de](mailto:lehre-studium(at)b-tu.de), including the **name of the workshop, time, student ID number, and degree program.**

**Note:** The number of participants is limited to 15 per workshop.

## Buchung und weitere Termine:

<https://online.gib-base.de/gib/TK/I42gts/>



 Mi., 22.04.2026

 17:30 bis 19:00 Uhr

 Webinar

 Deutsch

### Perfekt unperfekt: Umgang mit Perfektionismus

Hohe Ansprüche können dich motivieren, aber auch blockieren. Hier erfährst du, wie du deinen Perfektionismus konstruktiv nutzt und dich von überhöhten Erwartungen befreist.

Anbieter: Dipl.- Psych. Jörg Bergmann und Nicole Langer

Zur Anmeldung >

# FIRST INFO EVENT IN COTTBUS

## German & English

## ARBEITERKIND.DE INFO EVENT

**When?** Wednesday, May 6th 2026  
**Where?** Zentralkampus,  
Hauptgebäude 0.16  
**Who?** Everyone who is interested

## ARBEITERKIND.DE INFO EVENT COTTBUS

**Who we are:** ArbeiterKind.de is an organisation that supports pupils and students from non-academic families on their educational journey – from starting university to entering a career – who face a wide range of challenges.

**What it's about:** We are committed to educational equity and aim to decrease the barriers that many face on their path to higher education.

**What to expect:**

- Information about ArbeiterKind.de and potential volunteering opportunities
- A chance to ask questions
- Networking

**Questions?**

Get in touch with Christin Kuhne:  
[kuhne@arbeiterkind.de](mailto:kuhne@arbeiterkind.de)



# FROM MENSA TO MASTER'S WHAT DOES THE STUDENT COUNSELING DO?



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Cottbus - Senftenberg

**Reminder slide for the speaker**

# Don't forget to drink



**For which questions are other  
offices the right contact?**

I want to become a sport's person: <https://www.b-tu.de/sport>

**Information for the Summer Semester 2026**

**Course period**  
April 13, 2026 - July 24, 2026

**Course schedule available online**  
from April 7, 2026

**Registration opens**  
from April 13, 2026, 8:00 a.m.

**Course-free days**  
April 6, 2026, May 1, 2026, May 14, 2026, and May 25, 2026

**A**

- Aikido
- Anfängerlaufgruppe
- Argentinischer Tango
- Athletikkurs - Ganzkörperkraft & Core-Stabilität

**B**

- Bachata (Lateinamerikanischer Tanz)
- Badminton
- Basketball
- Bauch- Beine - Po
- Bouldern
- Boxen
- Brazilian Jiu-Jitsu
- Brazilian Jiu-Jitsu - Women only
- Bujinkan Ninjutsu (Anfänger/Fortgeschrittene)

**C**

- Calisthenics & Bodyweight
- Capoeira
- Cardio- Stretch
- Combat Flow Power Fit
- Cricket

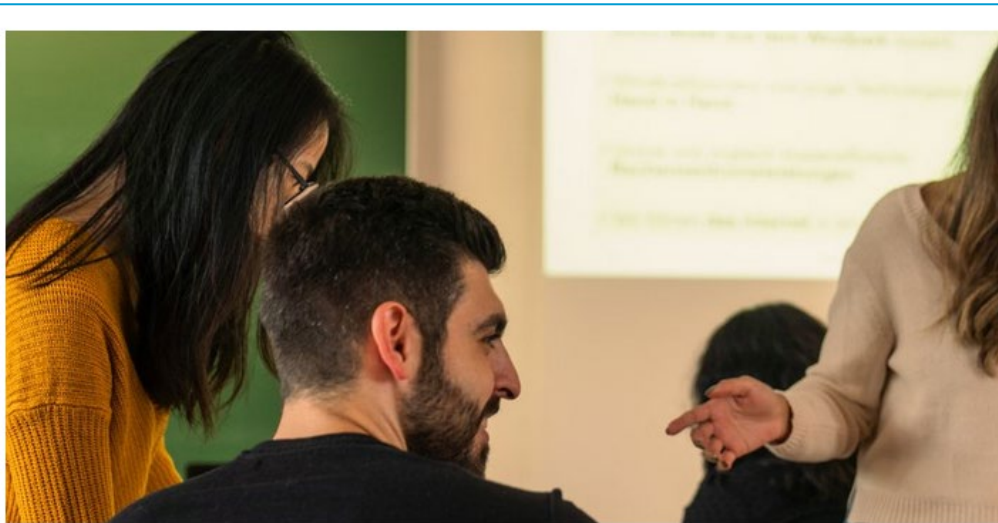
**D**

- DAK Firmenlauf - Anmeldung
- DAK Firmenlauf - Lauftraining
- Darts
- Drachenboot - Regatta- Training

**TIP: BE THE EARLY BIRD**

I want to learn a new language:

<https://www.b-tu.de/sprachen/sprachen/studienbegleitung>



## Study-accompanying language courses



Enrolment in the study-related language courses (excluding "German as a foreign language") for the summer semester 2026 starts on **30.03.2026**.

Enrolment for the "German as a Foreign Language" courses for the summer semester 2026 will only be possible via **moodle Projects** from 30.03. - 05.04.2026. Registration by email is **not possible**.

German as a Foreign  
Language

Italian

Spanish

French

Portuguese

English

Polish

# FURTHER SUPPORT OFFERS

How do I find (affordable) accommodation?

<https://www.b-tu.de/unileben/wohnen-kosten>

<https://studierendenwerk-ostbrandenburg.de/wohnen-in-cottbus/>

How do I write an application?

<https://www.b-tu.de/careercenter>

I have a concern about equality: [gleichstellung\(at\)b-tu.de](mailto:gleichstellung@b-tu.de)

<https://www.b-tu.de/en/gleichstellung/page>

# FROM MENSA TO MASTER'S WHAT DOES THE STUDENT COUNSELING DO?



Brandenburgische  
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## Further support offers

Who enters my grades?

→ Module coordinator of the respective chair

How do I register for exams?

→ Moodle <https://www.b-tu.de/elearning/btu/> **AND !!!**

→ BTU Onlineportal Lehre

<https://www.b-tu.de/qisserver3/rds?state=user&type=0&topitem=modules>

Where do I get official certificates (e.g. for xyz)?

<https://www.b-tu.de/studium/im-studium/studienorganisation/quicklinks/studierendenservice>

And finally, an old saying:

**The more often you ask others,  
the more relaxed I am ;)**





Brandenburgische Technische  
Universität Cottbus – Senftenberg  
Abteilung Studium und Lehre  
Leiterin Zentrale Studienberatung  
Sandra Soult

Hauptgebäude, Raum 1.20  
Platz der Deutschen Einheit 1  
03046 Cottbus

T +49 (0)355 69 3211  
E [sandra.soult@b-tu.de](mailto:sandra.soult@b-tu.de)

[www.b-tu.de](http://www.b-tu.de)

## BERATUNG FÜR STUDIERENDE



[www.b-tu.de/studium/  
im-studium/studienstart](http://www.b-tu.de/studium/im-studium/studienstart)



Hier findest du alle nützlichen  
Infos für Ersties - rund um deinen  
reibungslosen Studienstart.

## COUNSELLING FOR STUDENTS



[www.b-tu.de/en/study/  
during-studies/study-start](http://www.b-tu.de/en/study/during-studies/study-start)



Here you will find all the  
useful information for first-year  
students - ensuring you get a  
smooth study start.