

# Use of Zarka's Method at FHL

Hartwig Hübel  
Andreas Kretzschmar  
(FH Lausitz)

Theory

Implementation in ANSYS

Experience

# Background, History

in nuclear industry:

elastic-plastic response required for life assessment under cyclic loading:

→ strain range  $\Delta\varepsilon$

→ cyclic accumulated (ratchet-) strain  $\varepsilon_{acc}$

→ displacements at end of life

20 years ago:

only rough estimates available as „simplified“ elastic-plastic methods (knock-down factors), without capturing effects of:

→ individual geometry of structure

→ kind of loading (thermal, displacement-, force-controlled, ...)

→ hardening of material

# Background, History (ctd.)

by end of seventies Zarka's method came up, claiming it was able to account for these effects

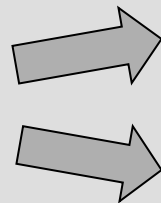
publication of some examples obtained by Zarka with Zarka's method revealed:

- superior quality of results (approximations almost exact)
- obtained with little numerical effort (few lin. elastic analyses)

however: method remained largely obscure:

- description of theory appeared to be not complete
- some assumptions seemed to be heuristically motivated
- some applications outside Zarka's team showed poor results

question:



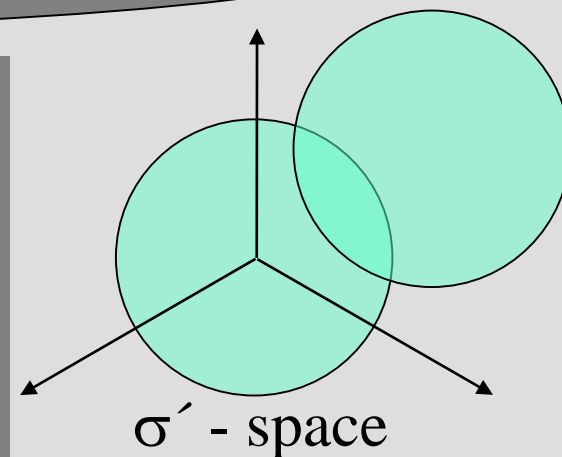
**why** that ambiguous?

**when** advantageous?

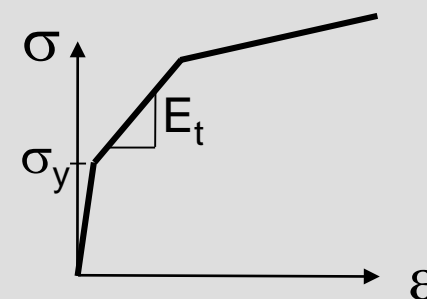
# Outline of Zarka's method

## material model:

- yield surface must exist
- hardening required:
  - » purely kinematic
  - » linear or multilinear
- temperature dependence:
  - only size of yield surface, i.e.  $\sigma_y$  (not  $E$ ,  $\nu$ ,  $E_t$ )



⇒ "infinite" ratcheting ruled out:  
 limit state = ES or PS,  
 associated with "finite" ratcheting



## simplified method:

### only partial information:

- no evolution of  $\sigma$ ,  $\epsilon$  with cycles
- only post-shakedown quantities
- loss in accuracy ( $V_p$ ,  $\sigma$ ,  $\epsilon$ )

### only reduced effort:

- direct method
- few elastic analyses sufficient  
 + some "local" calculations

# Specialisation, Modification

Zarka-  
method



specialisation,  
modifications



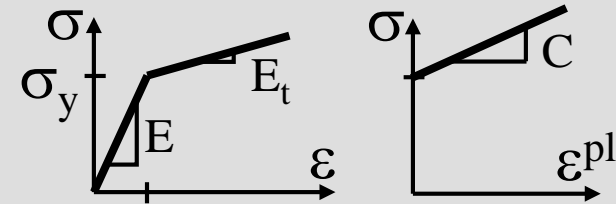
simplified theory  
of plastic zones  
(VFZT)



- moderate levels of strain (e.g. no deep drawing)
- isotropic material
- no strength differential effects (tensile = compressive)
- linear and bilinear kinematic hardening (bilin., trilin.  $\sigma$ - $\epsilon$ )
- Mises yield surface
- temperature-dependent yield stress
- mainly cyclic loading between 2 extreme states of loading
- logic of iterative improvement:  
identifying  $V_p$ , estimating TIV  $\gamma$

# Reformulation of "Exact" Plastic Theory

here: - uniaxial stress state  
- bilinear  $\sigma$ - $\varepsilon$ -diagram (kinem. hardening)  
- monotonic loading



| kind of analysis          | in plastic zone $V_p$   | in el. zone $V_e (=V-V_p)$   | load applied                            |
|---------------------------|---|--|---|
| exact (el-pl)             | $\varepsilon^{\text{el-pl}} = \sigma^{\text{el-pl}}/E + \xi/C$  | $\varepsilon^{\text{el-pl}} = \sigma^{\text{el-pl}}/E$   | yes                                     |
| fictitious elastic (f.el) | $\varepsilon^{\text{f.el}} = \sigma^{\text{f.el}}/E$  | $\varepsilon^{\text{f.el}} = \sigma^{\text{f.el}}/E$   | yes                                     |
| difference                | $\underbrace{\varepsilon^{\text{el-pl}} - \varepsilon^{\text{f.el}}}_{\varepsilon^*} = \underbrace{(\sigma^{\text{el-pl}} - \sigma^{\text{f.el}})}_{\rho} / E + \underbrace{\xi}_{\xi^{\text{def}} = \rho + Y} / C$ | $\underbrace{\varepsilon^{\text{el-pl}} - \varepsilon^{\text{f.el}}}_{\varepsilon^*} = \underbrace{(\sigma^{\text{el-pl}} - \sigma^{\text{f.el}})}_{\rho} / E$ | no                                      |
| modif. elast. (mea)       | $\Rightarrow \varepsilon^* = \rho \cdot (1/E^*) + \varepsilon_0$<br>with $1/E^* = 1/E + 1/C$<br>and $\varepsilon_0 = Y/C$   | $\Rightarrow \varepsilon^* = \rho \cdot (1/E)$   | initial strain $\varepsilon_0$ in $V_p$ |

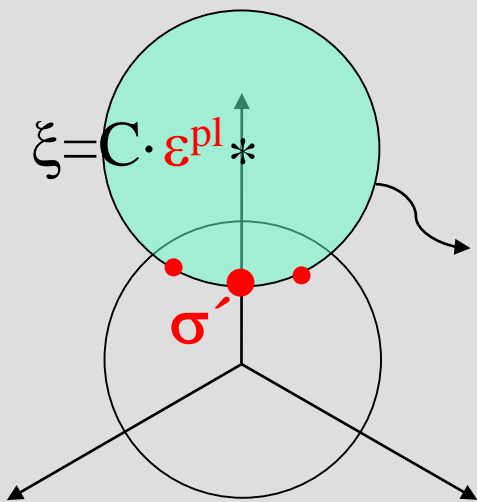
→ residual state can be obtained by 1 mea with modif. elastic material data ( $E^*$ ) and modif. loading ( $\varepsilon_0$ ), if  $V_p$  and  $Y$  are known

→ idea of Zarka-Method: estimation of  $V_p$  and  $Y$

# Mon. Loading: Estimation of $Y$

here: bilinear  $\sigma$ - $\varepsilon$ -diagram (lin. kinem. hardening)

$\sigma'$  - space:



$\sigma'$  is unknown;  
estimation not possible, since  
center  $\xi$  (i.e.  $\varepsilon^{pl}$ ) also unknown

reformulation

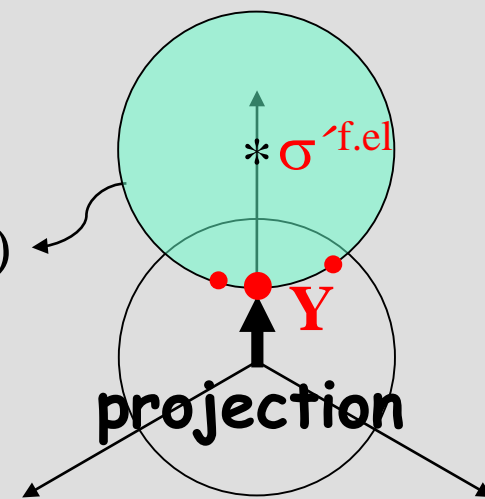
$$Y \stackrel{\text{def}}{=} \xi - \underbrace{(\sigma' - \sigma'^{f.el})}_{\rho'}$$

Mises yield condition:

$$f(\sigma', \xi, \sigma_y)$$

$$f(Y, \sigma'^{f.el}, \sigma_y)$$

$Y$  - space:



$Y$  is unknown;  
but estimation possible,  
since center  $\sigma'^{f.el}$  is known

uniaxial stress:  $Y$  exactly known by projection; only  $V_p$  unknown  
 multiaxial stress:  $V_p$  and  $Y$  unknown; local estimation of  $Y$  sufficient, since field effects of  $Y$  are relieved compared to  $\sigma$  (=heuristic)

# Mon. Loading: Algorithm

fictitious elastic analysis (f.el) of max. loading

$\sigma^{f.el}$

estimate extension of plastic zone  $V_p$

$V_p$

estimate TIV  $Y$

$Y$

modify loading:

real loading  $\rightarrow$  initial strain  $\varepsilon_0$

modify elastic parameters:

$E, \nu \rightarrow E^*, \nu^*$

modified elastic analysis (mea)

$\rho$

elastic-plastic solution by **superposition**, e.g.  $\sigma^{el-pl} = \sigma^{f.el} + \rho$

$\sigma^{el-pl}$ ,  
 $\varepsilon^{el-pl}$ ,  
displace.  
etc.

iterative improvement of  $V_p$  and  $Y$

numerical effort required:

- $\rightarrow$  few linear analyses (fictitious elastic and modified elastic)
- $\rightarrow$  local calculations



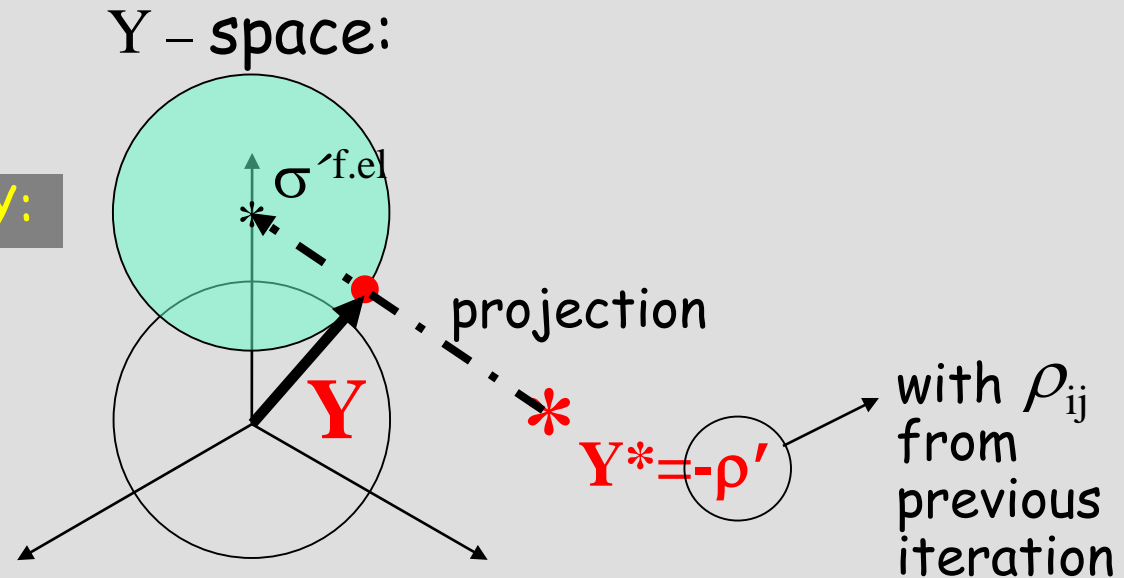
# Mon. Loading: Iterative Improvement

iterative improvement of  $V_p$ :

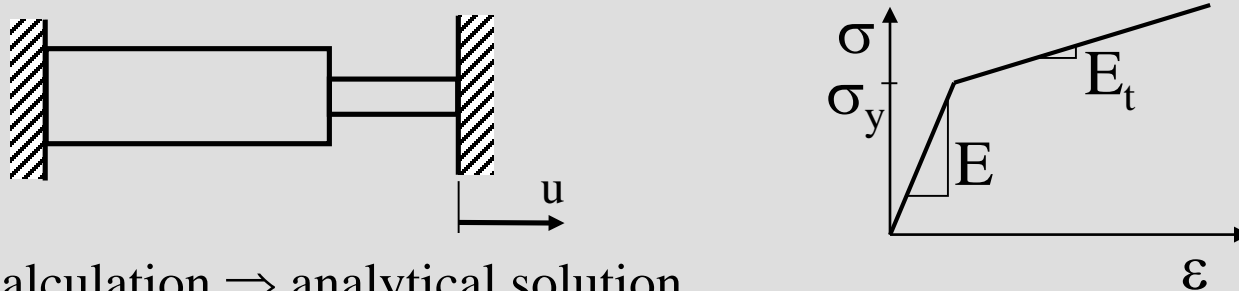
$$\sigma_v^{\text{el-pl}} \left\{ \begin{array}{l} > \\ \leq \end{array} \right\} \sigma_y \rightarrow \begin{Bmatrix} V_p \\ V_e \end{Bmatrix}$$

with  $\sigma_{ij}^{\text{el-pl}}$  from previous iteration

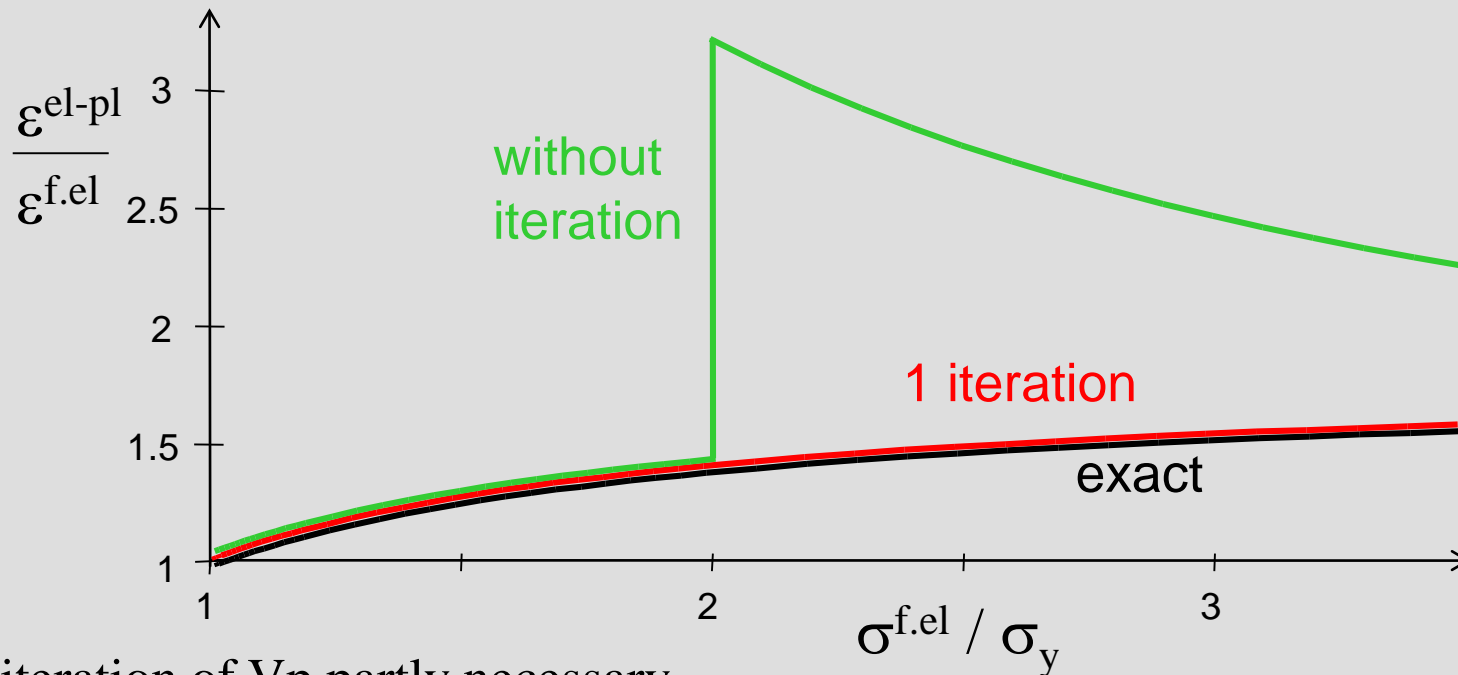
iterative improvement of  $Y$ :



# Example 1: Mon. Loading: 2 Bars in Series



- hand calculation  $\Rightarrow$  analytical solution
- e.g. for specific configuration ( $A_1/A_2, l_1/l_2; E_t/E$ ):

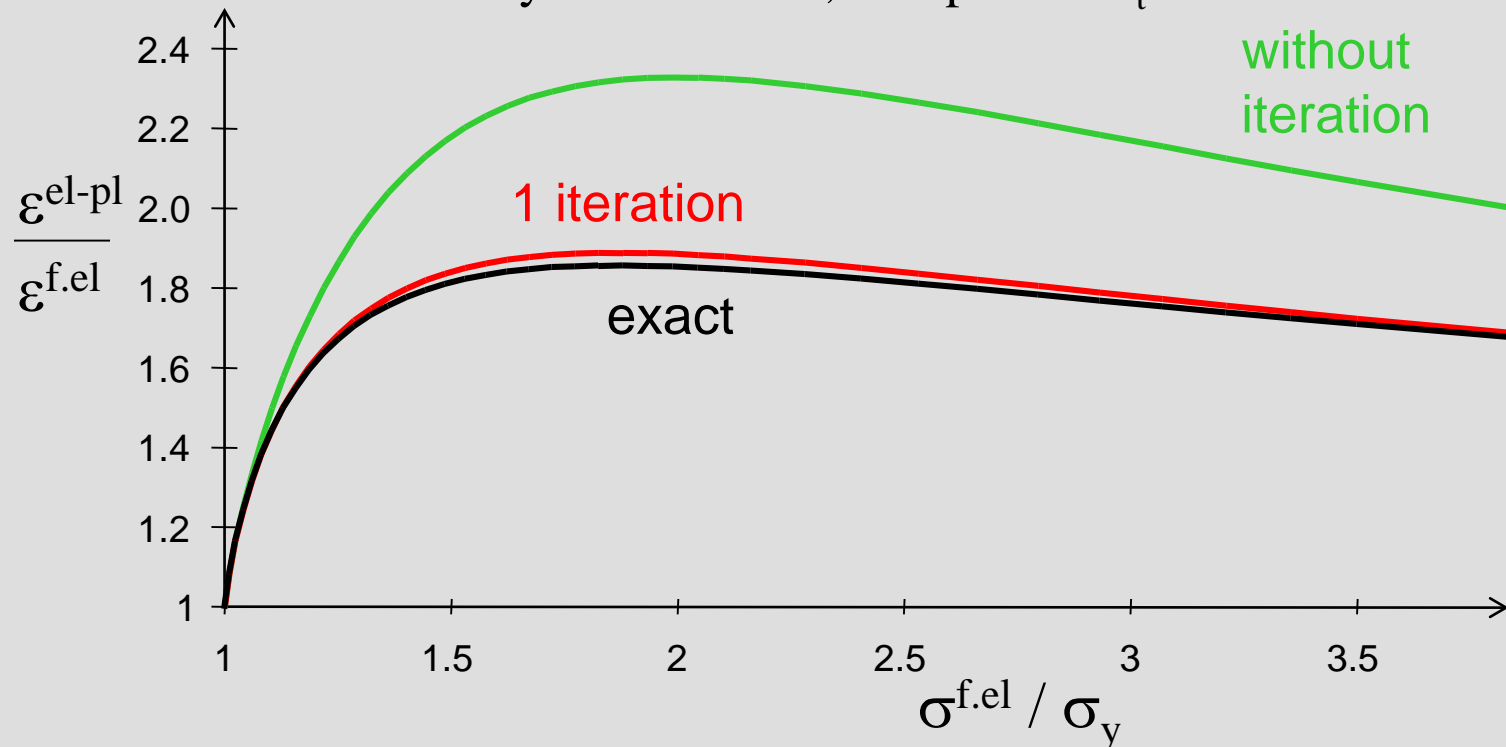


- $\rightarrow$  iteration of  $V_p$  partly necessary
- $\rightarrow$  exact results obtained after maximum 1 iteration

# Example 2a: Mon. Loading: Beam of ideal I-Profile



- hand calculation  $\Rightarrow$  analytical solution; for specific  $E_t/E$ :



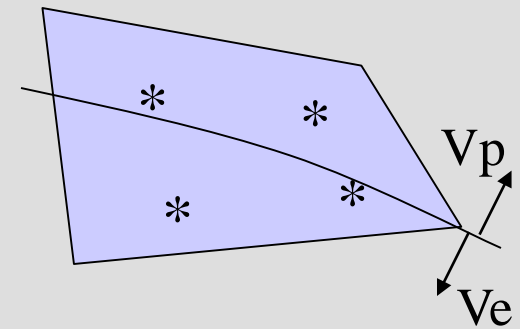
$\rightarrow$  after 1 iteration close to exact results



# Implementation in FE-codes

implementation in any commercial FE code (ANSYS, ABAQUS, ADINA, ...) usually not easy:

- modification of elastic material properties and of loading (initial strain) required during iterative solution
- access to elastic material properties and application of initial strain usually inconsistent:  
 $E \rightarrow$  element,  $\varepsilon_0 \rightarrow$  Gauss or nodal point
- exact definition of  $V_p$  somewhat arbitrary  
 $(V_p, \text{ if } \sigma_v > \sigma_y \text{ in } > 50\% \text{ of Gauss-points } )$



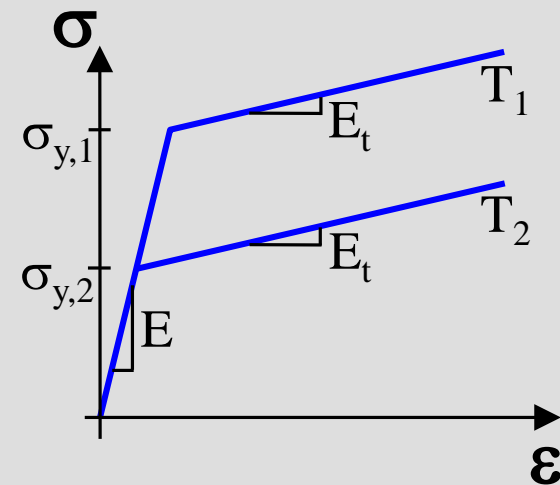
implementation at FHL in ANSYS :

for general structures (1D, 2D, 3D):

- bilinear  $\sigma - \varepsilon$
- $T$ -dependent  $\sigma_y$
- mon. + cyclic loading (2 states of loading)

extension for specific structures (trusses, beams):

- trilinear  $\sigma - \varepsilon$
- increm. projection in ES, if  $> 2$  states of loading



# Ways of Implementation in ANSYS

## 1. VEFZOT: APDL-Macro (=ANSYS parameter language; slow)

initial strain simulated by:

- \* thermal strain at nodal points
- \* orthotropic coefficient of thermal expansion ( $\rightarrow$  deviatoric)
- \* orthotropic directions changing from el. to el.  $\rightarrow$  sometimes poor qual.

## 2. Userpl.f: FORTRAN user subroutine (compiling and linking required)

initial strain simulated by:

- \* inelastic strain at Gauss points
- \* formally equilibrium iterations performed, although not necessary

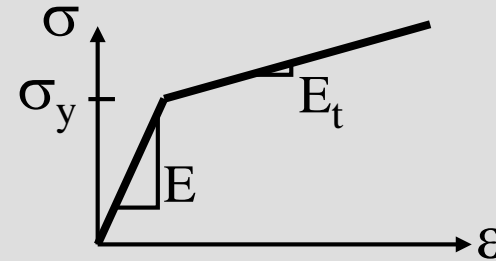
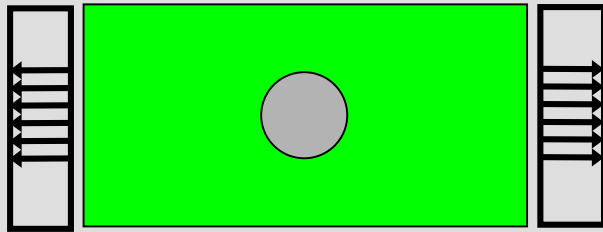
## 3. IS-Macros (APDL-Macro) or Ustress.f (FORTRAN-subroutine):

initial strain simulated by initial stress at Gauss points

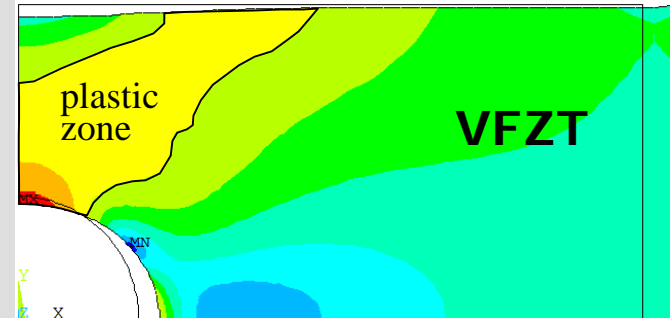
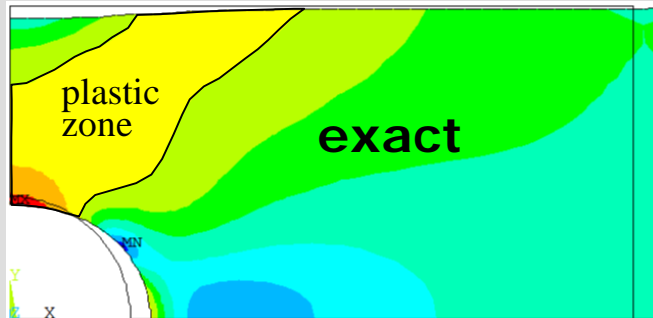
## 4. Particular implementation for trusses and bending beams:

initial strain simulated by  $t_s$  and  $\Delta t$  across section

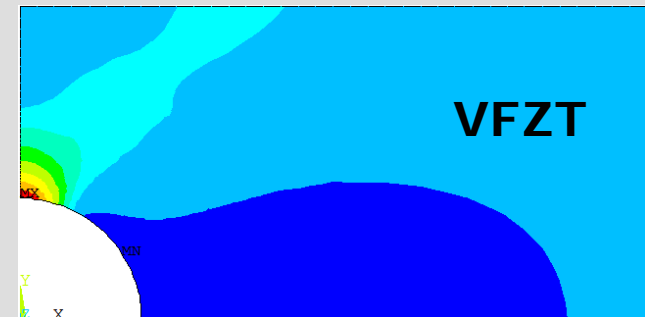
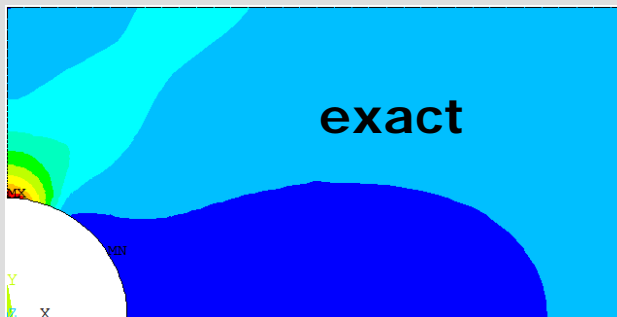
# Example 3: Mon. Loading: Hollowed Plate



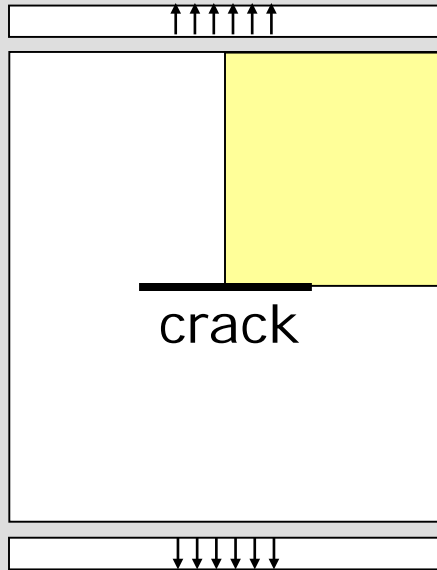
displacement  
+  
Mises  
effective  
stress



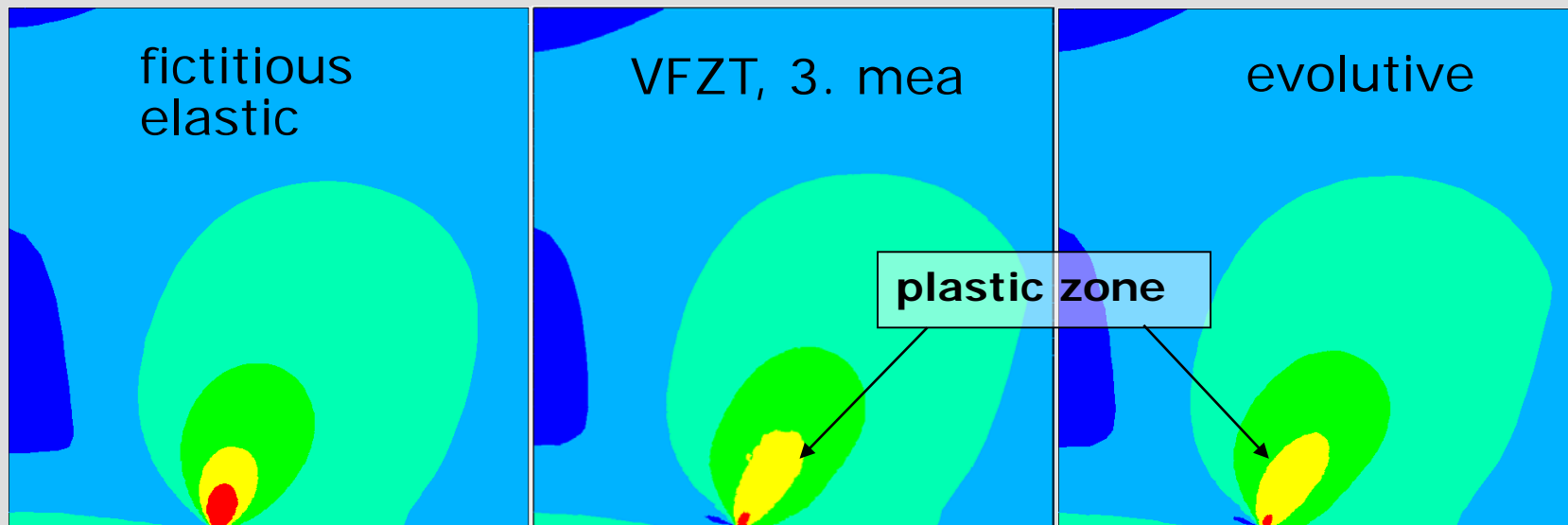
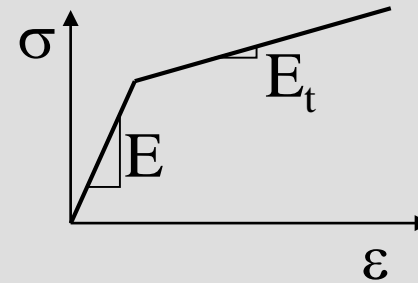
axial  
strain



# Example 4: Mon. Loading: Crack in a Plate



monotonic  
loading

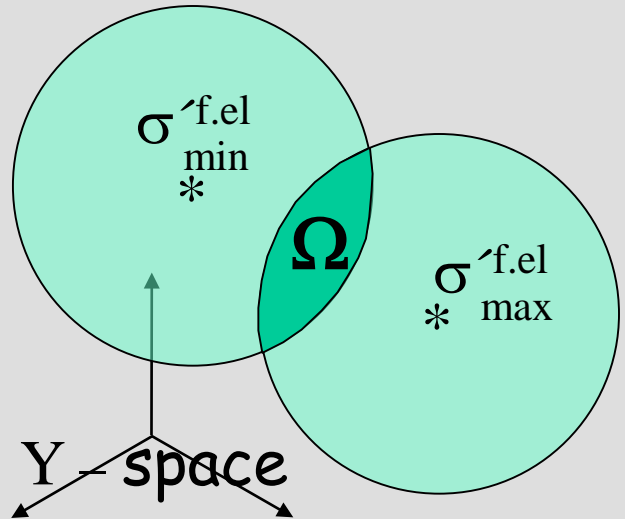
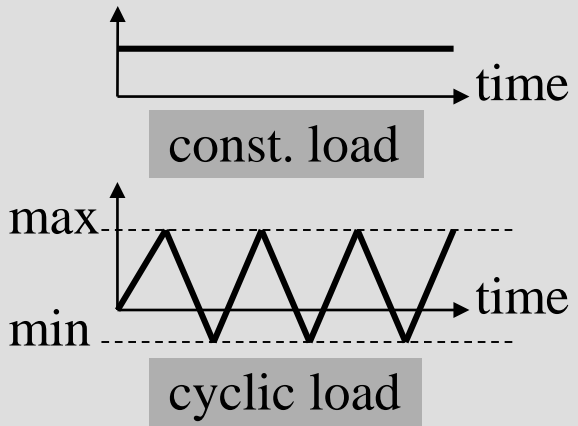


Mises  
effect.  
stress:



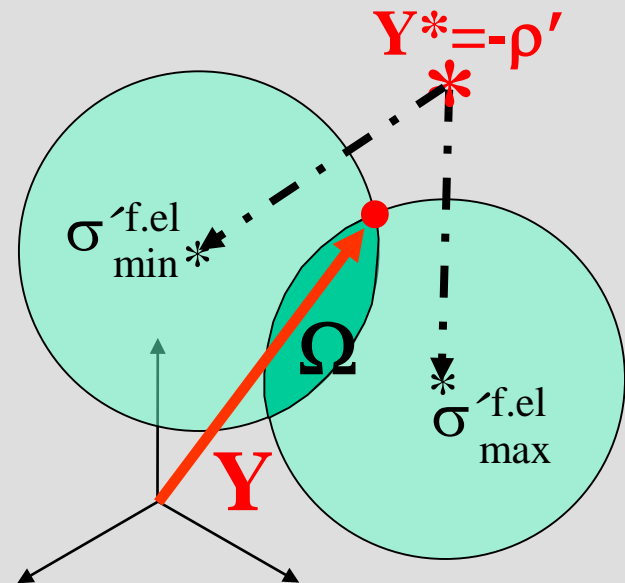
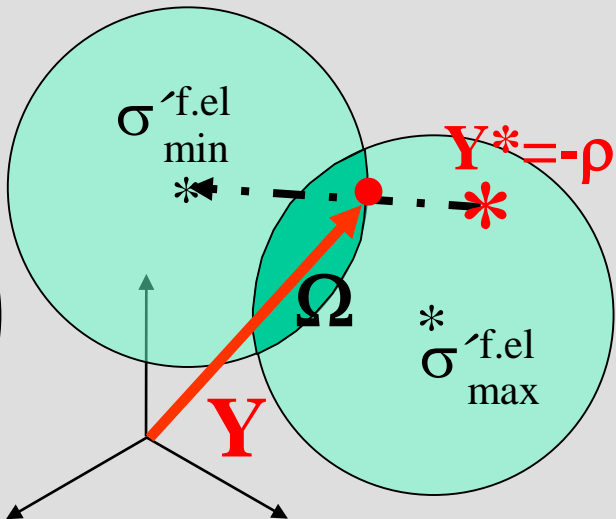
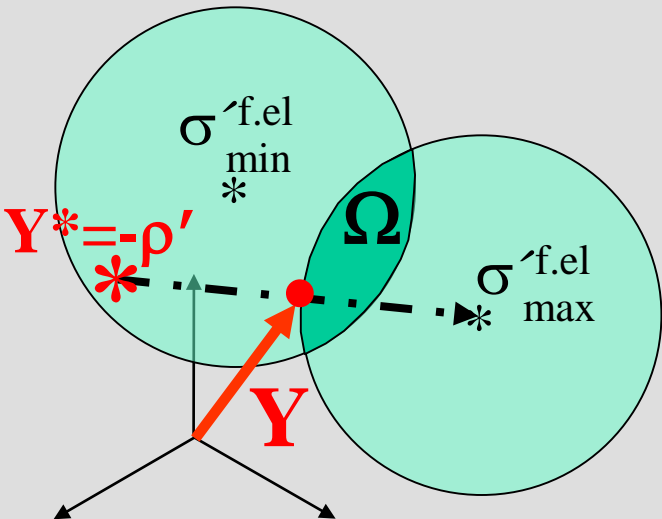
# Cyclic Loading: ES: Estimation of $\gamma$

load histogram:

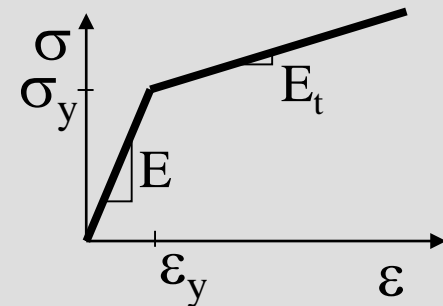
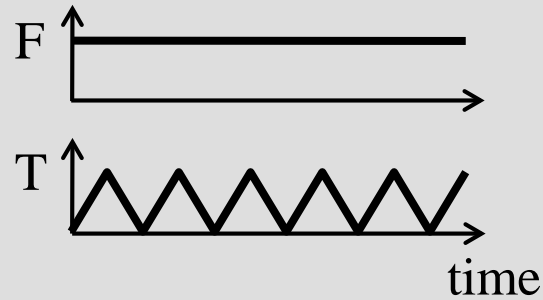
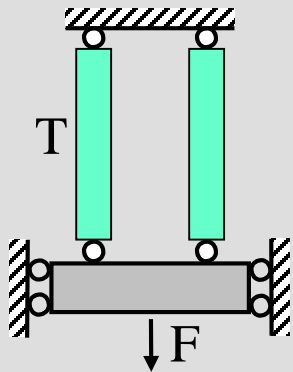


elastic shakedown (ES):  
if  $\Omega$  exists at each point of structure

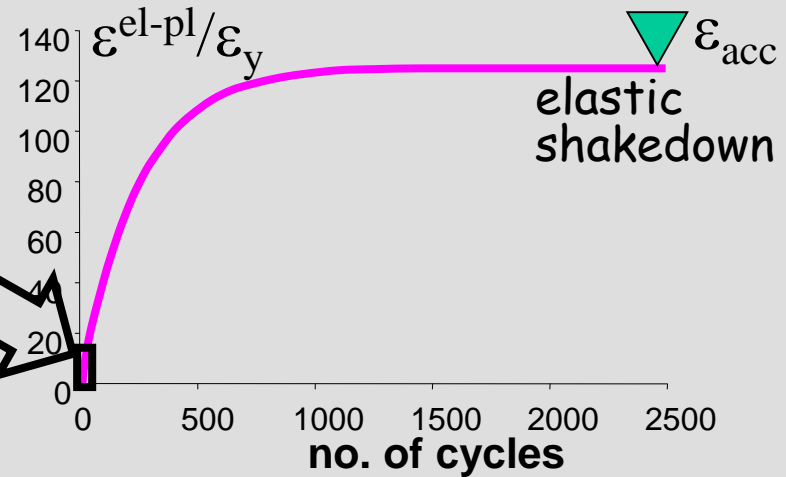
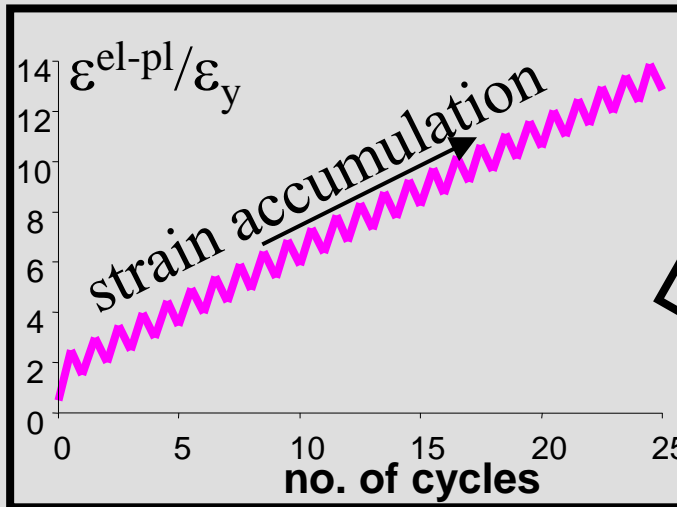
$\gamma_p$ , if  $\gamma^* = -\rho'$  is outside  $\Omega$ :



# Example 5: ES: 2 Bars Parallel



exact:



numerical effort required to achieve ES:

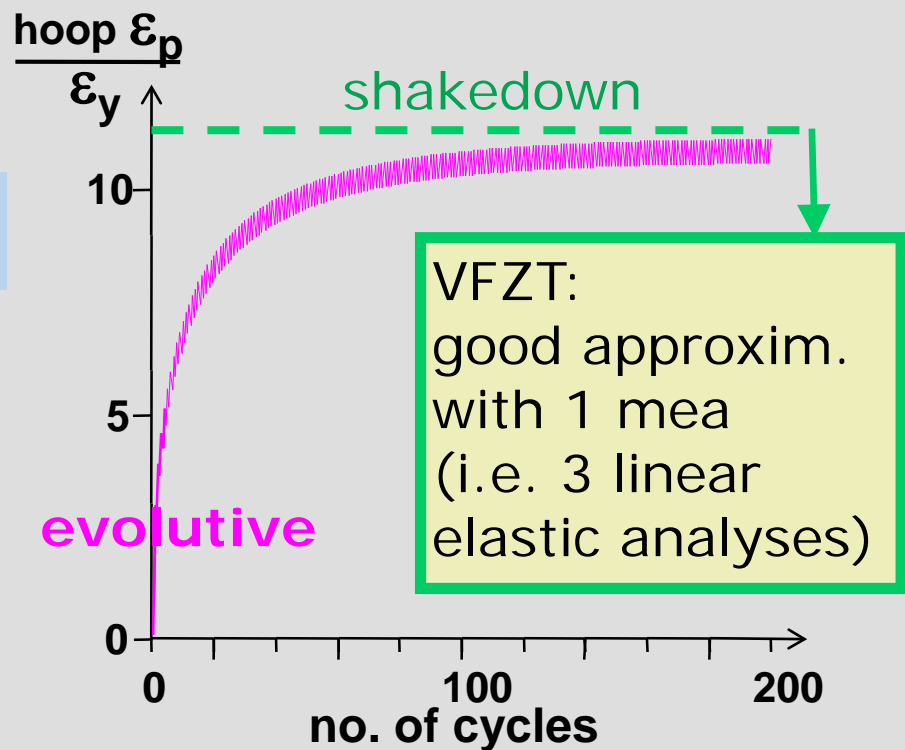
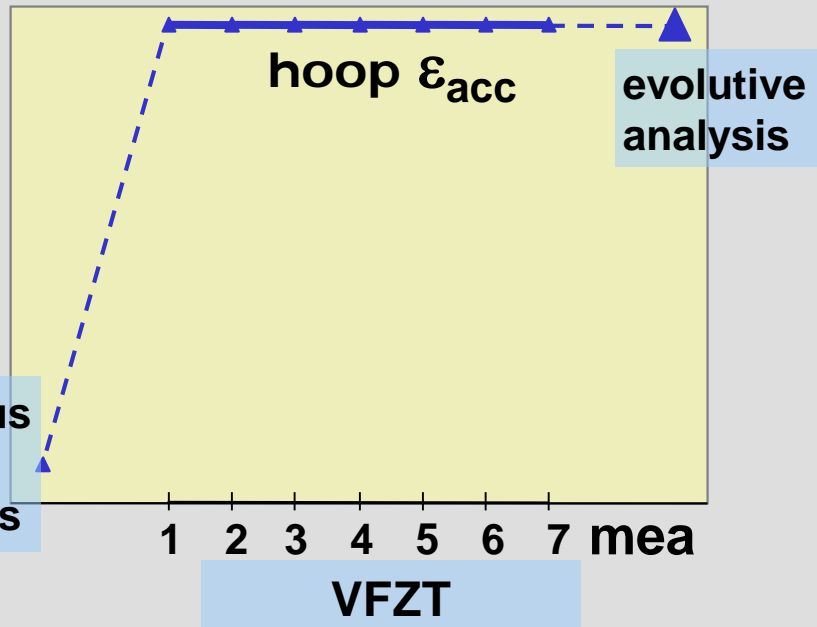
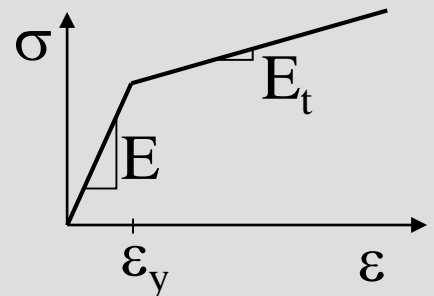
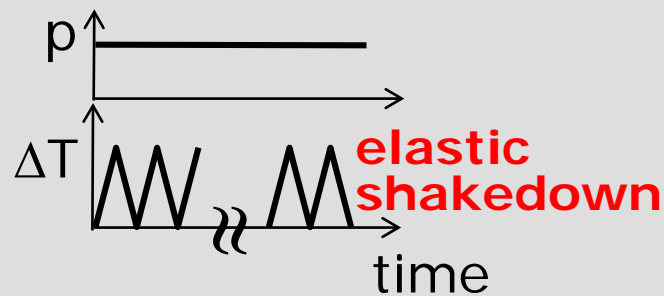
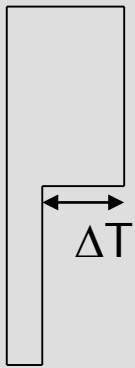
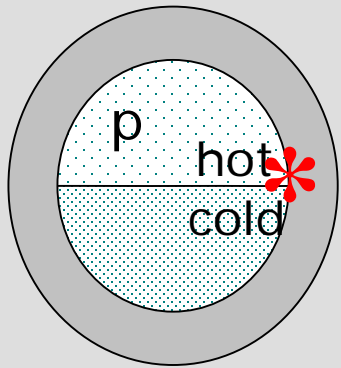
→ exact: 1000 cy. \* 10 loadsteps \* 5 iterations

~ ca. 50 000 linear elast. anal.

→ VFZT: 2 f.el. + 2 mea = 4 linear elast. anal.

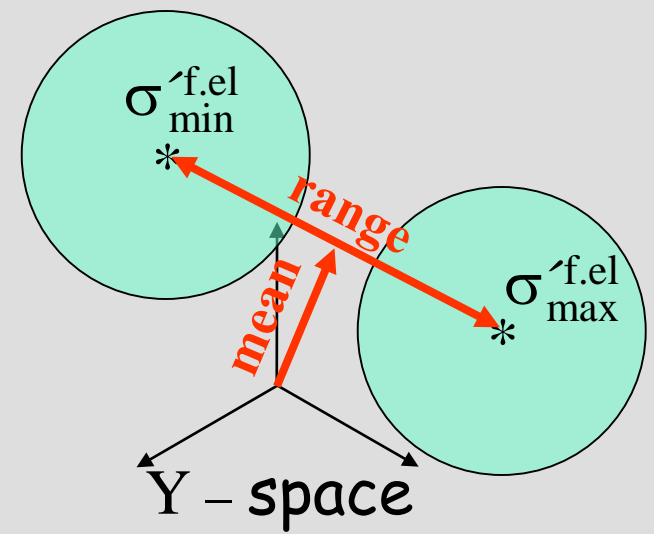
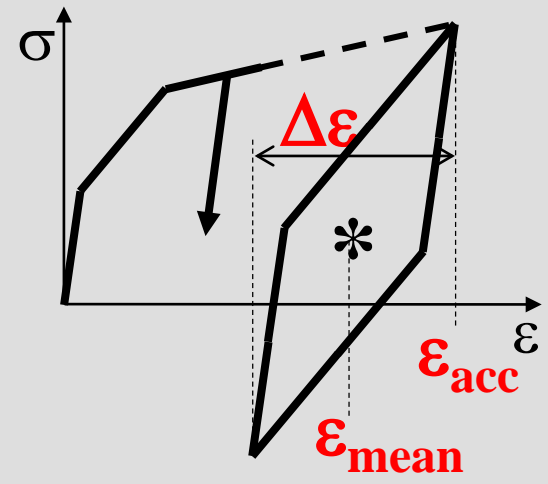
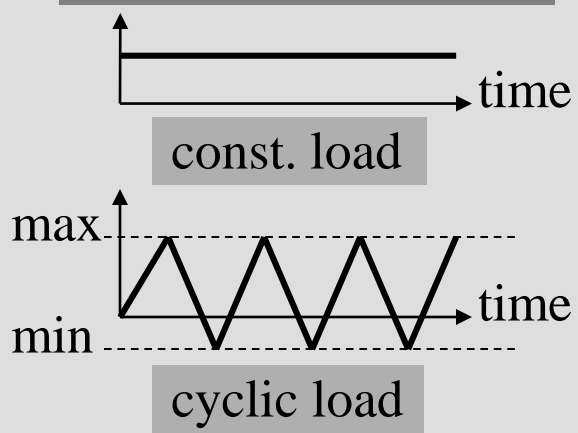
identical  
results

# Example 6: ES: Thermal Stratification

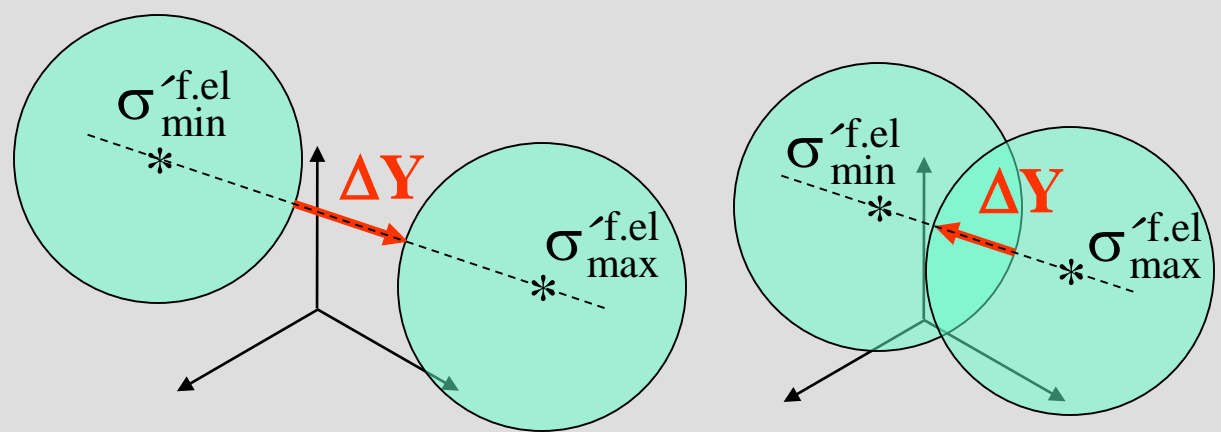


# Cyclic Loading: PS: Estimation of $\Delta Y$

## load histogram:



## range values: $V_p$ , if $\Delta\sigma_v > 2\sigma_y$ :

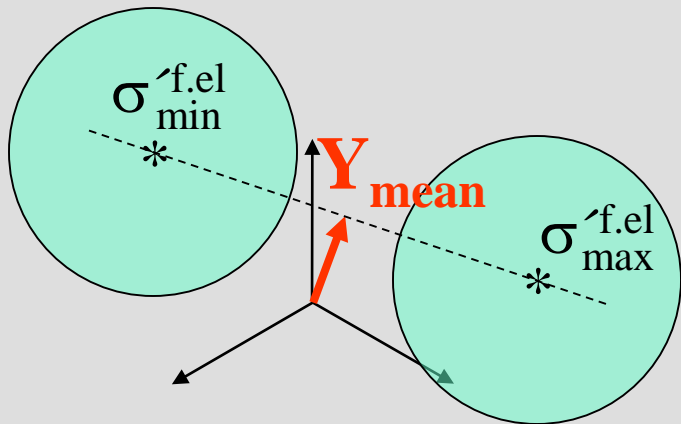


plastic shakedown (PS):  
if there is no intersection at least at 1 point of structure

# Cyclic Loading: PS: Estimation of $Y_{\text{mean}}$

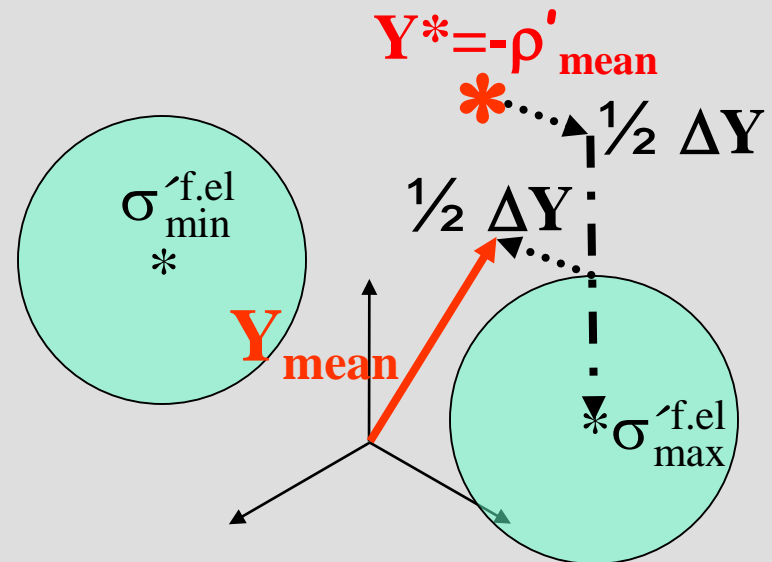
mean values:  $V_p$ , if  $\sigma_{v,\text{min}} > \sigma_y$  or  $\sigma_{v,\text{max}} > \sigma_y$ :

in  $V_p, \Delta$ :

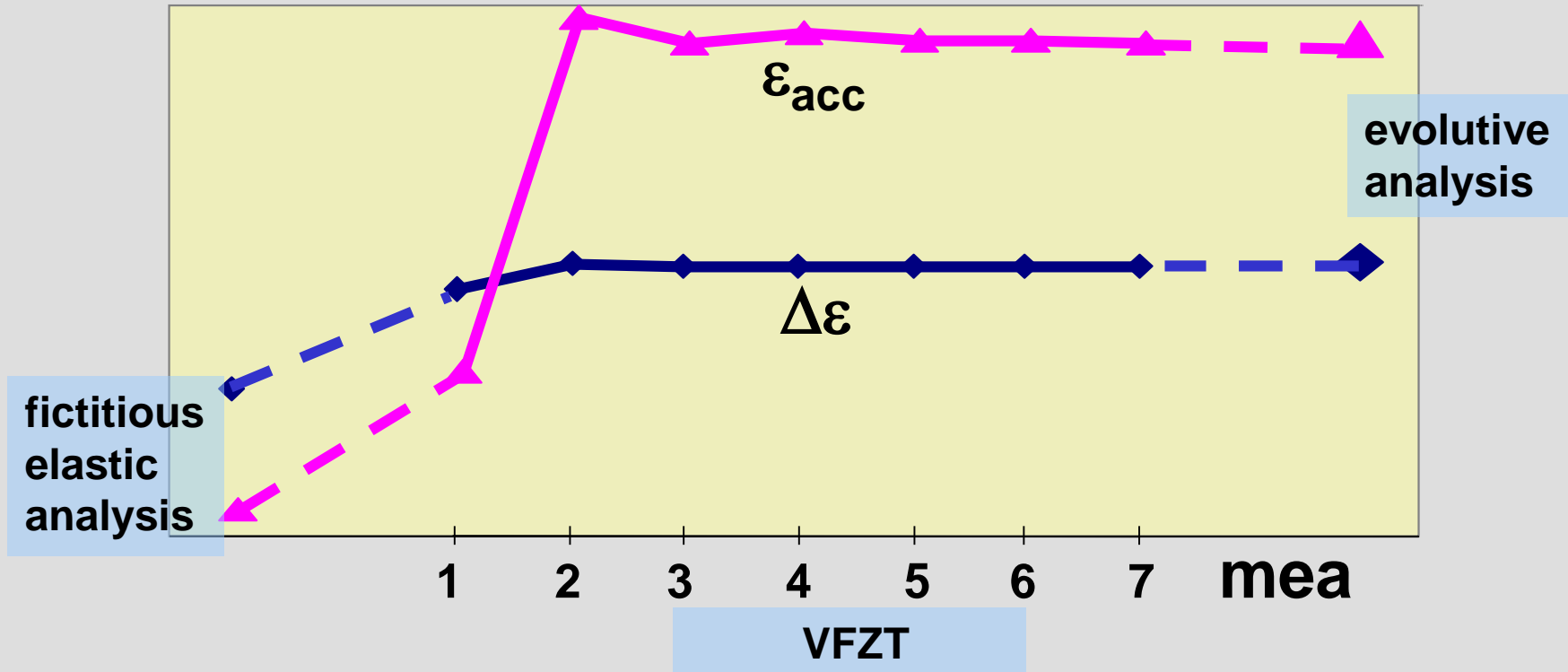
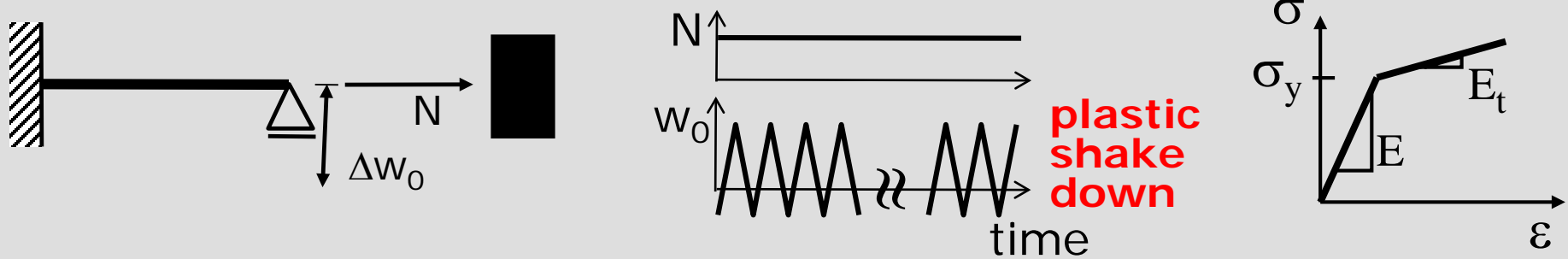


in  $V_e, \Delta$ :

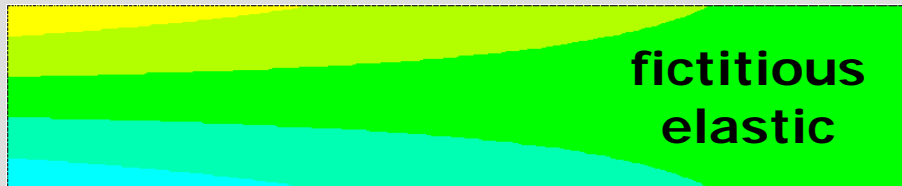
projection of  $Y^* \pm \frac{1}{2} \Delta Y$  on max  
(or on min, if closer):



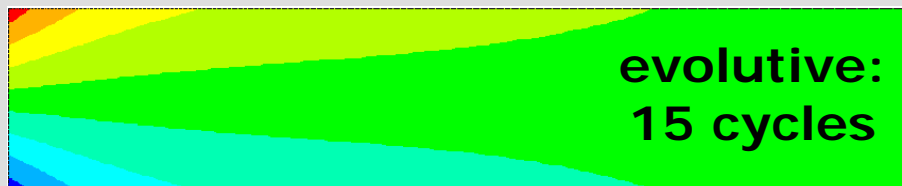
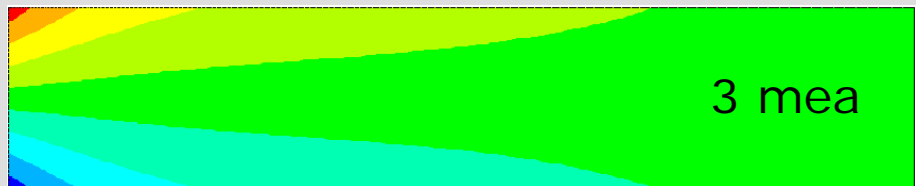
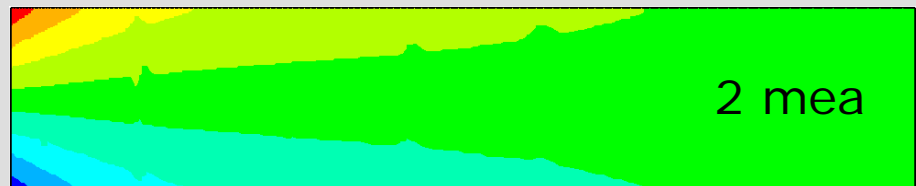
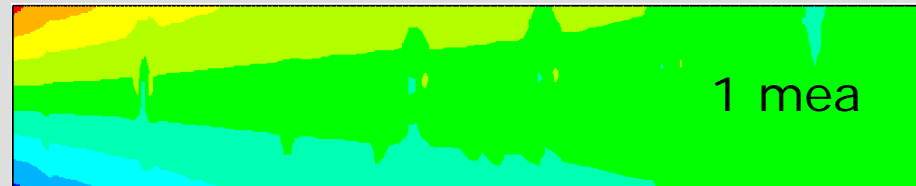
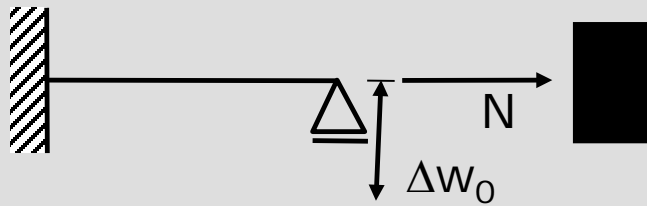
# Example 7: PS: Beam under $N, \Delta w_0$



# Example 7 (ctd.): PS: Beam: $\Delta\varepsilon$



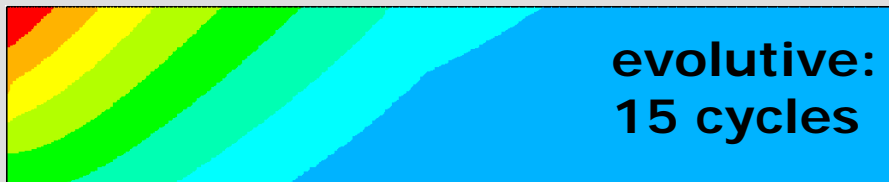
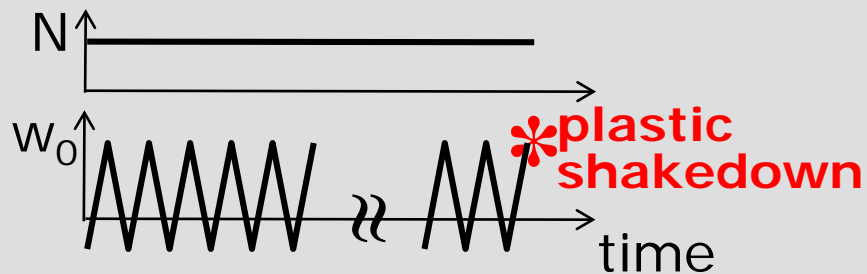
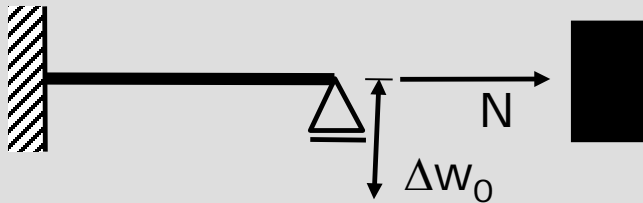
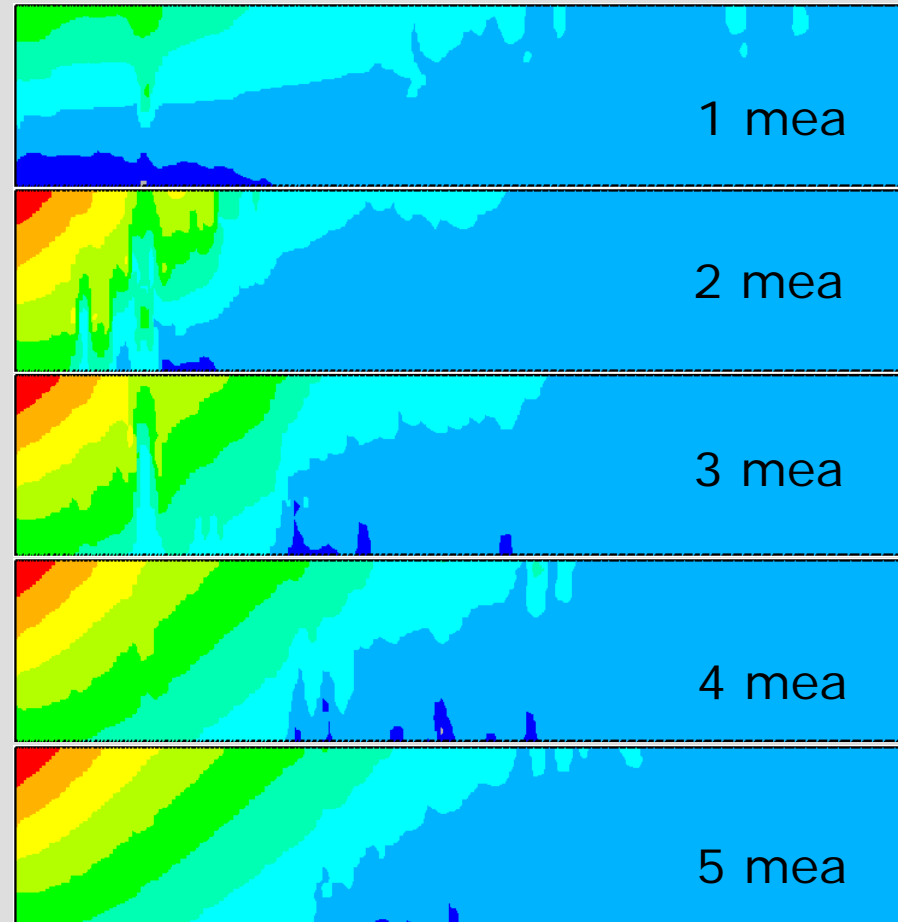
VFZT:



# Example 7 (ctd.): PS: Beam: $\varepsilon_{acc}$

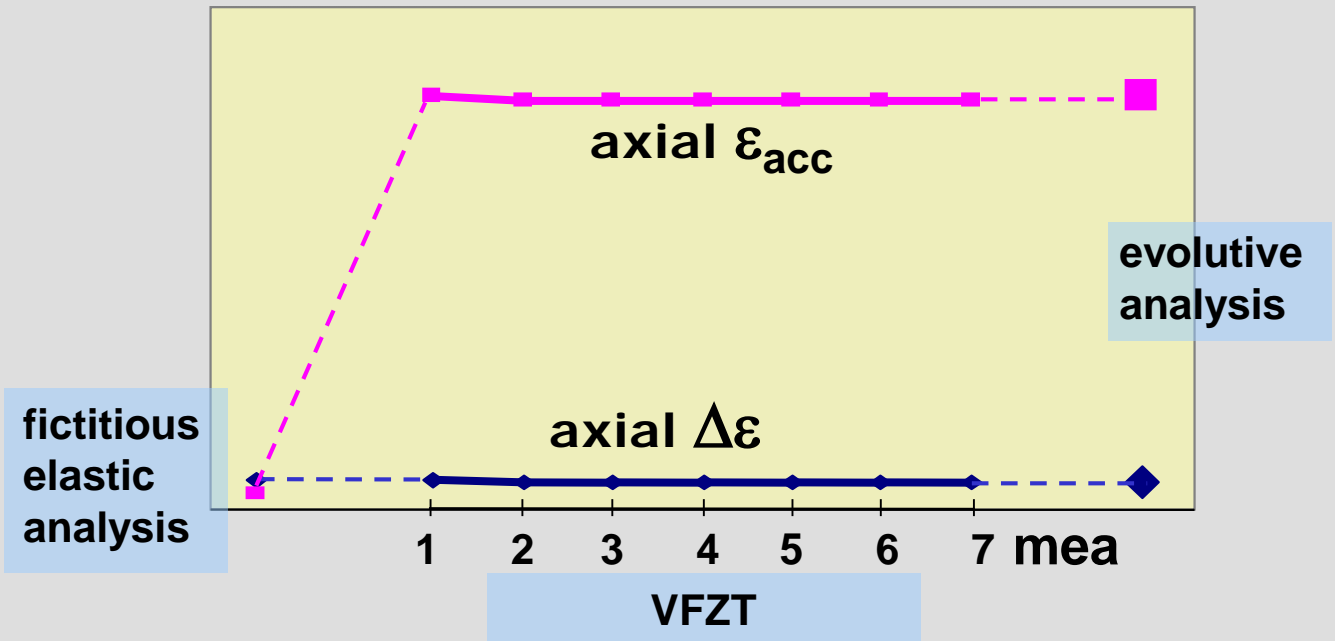
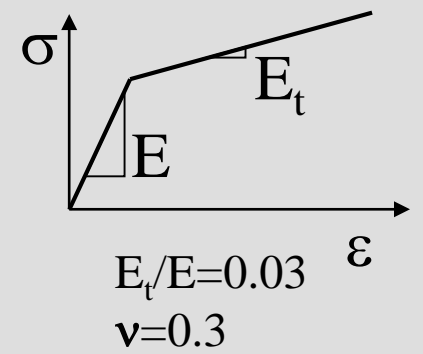
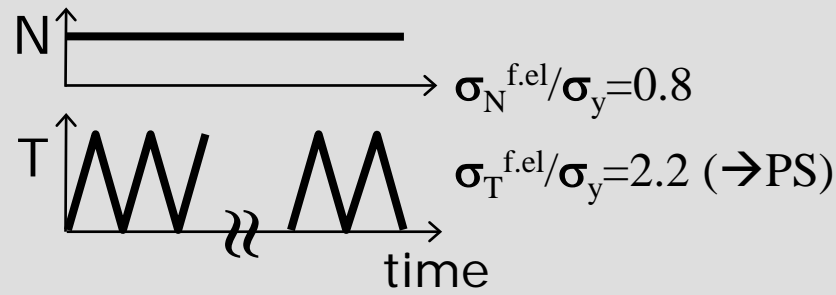
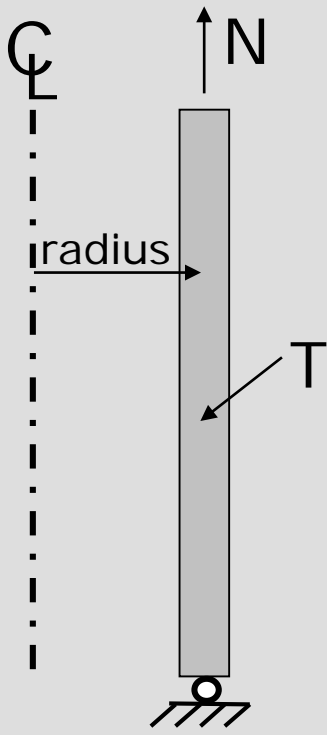


VFZT:





# Example 8: PS: Cylindrical Shell under Axial Force and Temperature



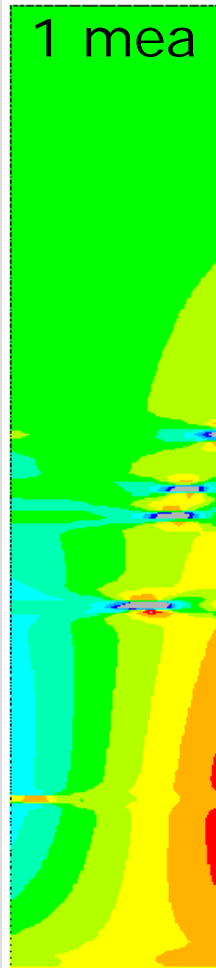
# Example 8 (ctd.): PS: Cylindrical Shell: axial $\Delta\varepsilon$

fictitious  
elastic

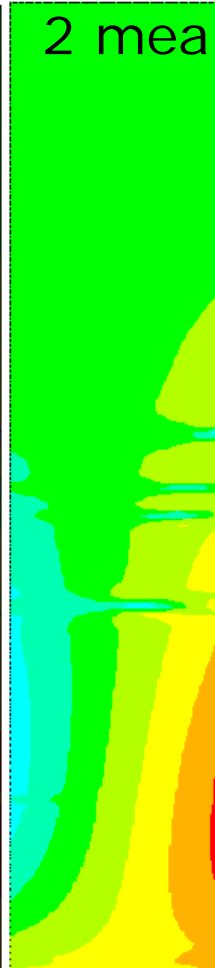


Zarka's method

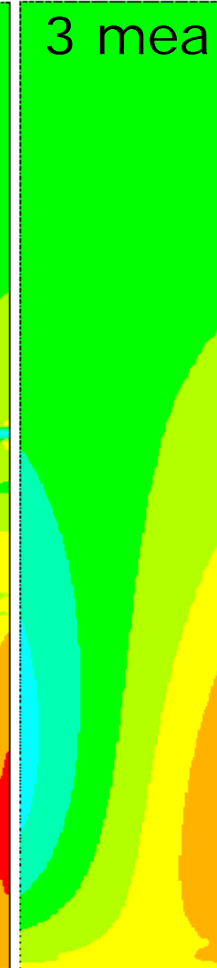
1 mea



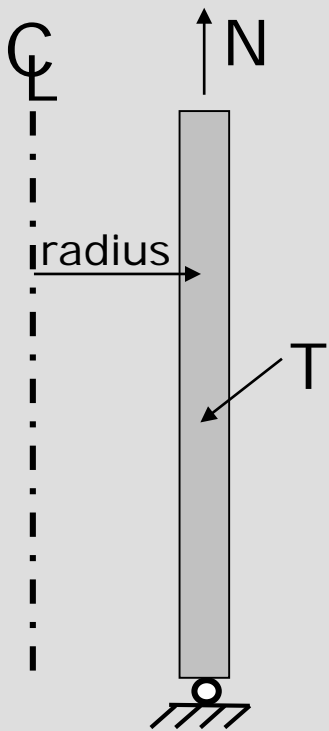
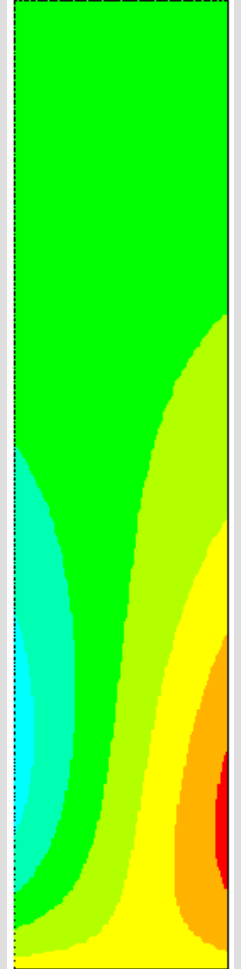
2 mea



3 mea



evolutionary  
(100 cycles)



# Application: Ratcheting-Interaction Diagrams

which combination of load parameters yields ES, PS, R for specific configuration of structure and loading?

→ by shakedown theorems

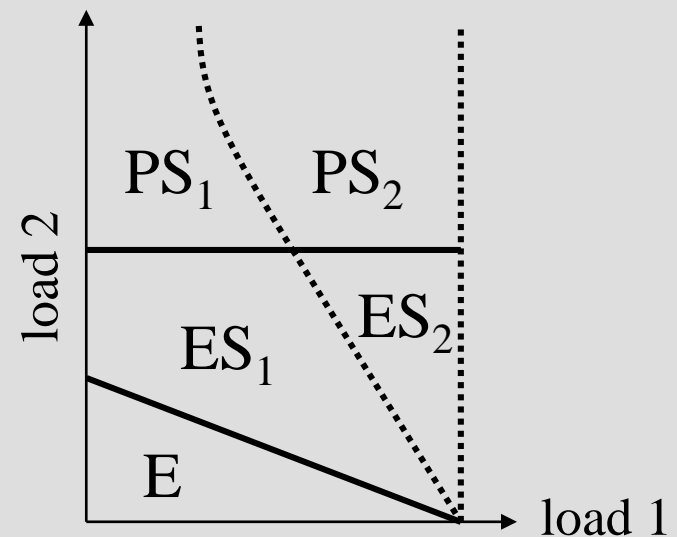
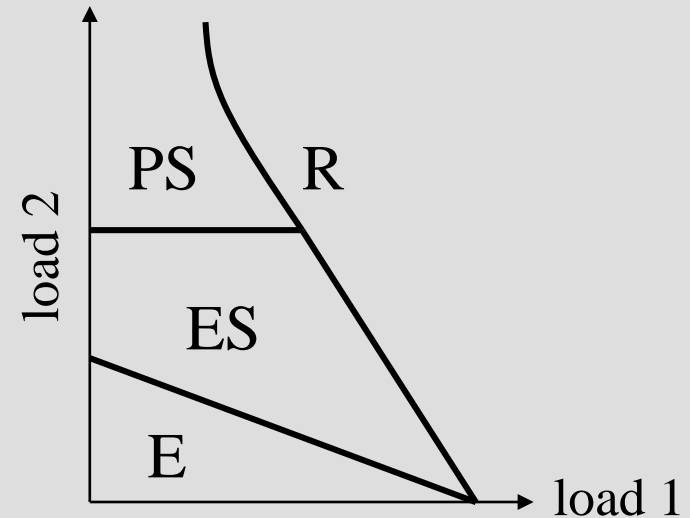
→ no post-shakedown quantities

Zarka's method:

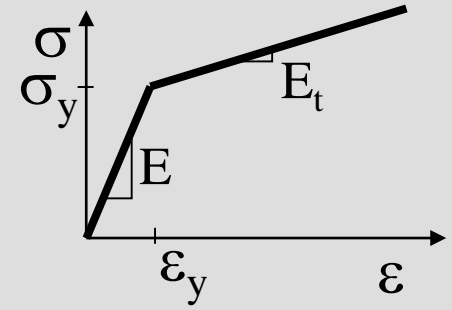
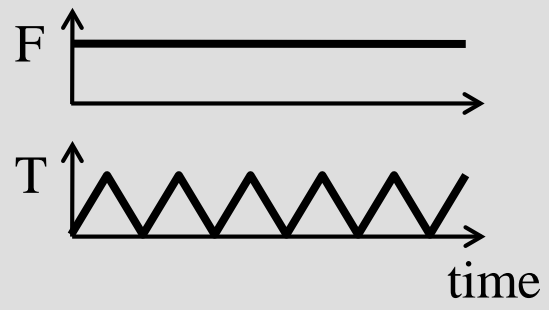
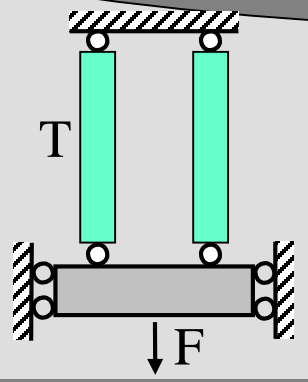
→ ES, PS known a priori

→ R not possible: subregions  $ES_2$ ,  $PS_2$

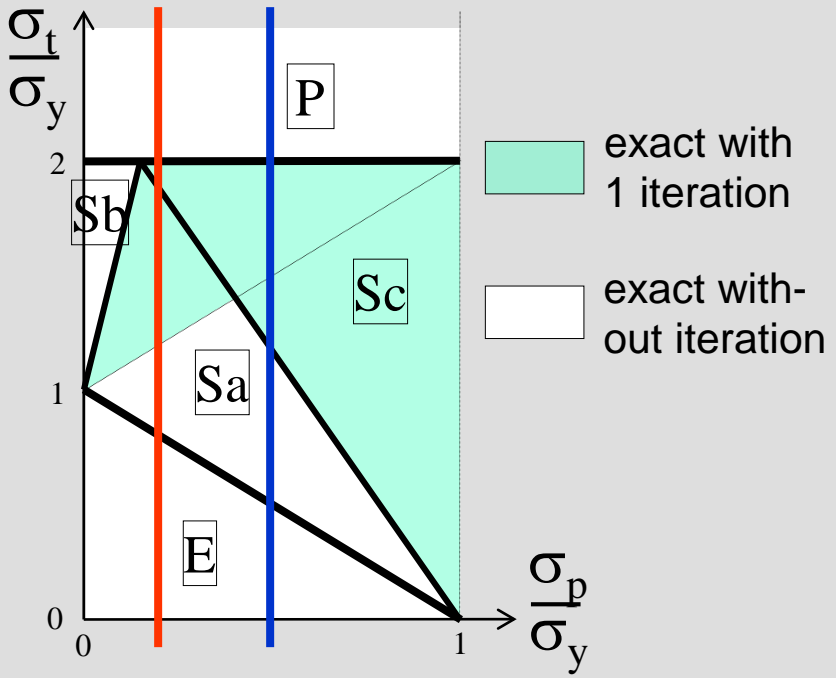
→ post-shakedown quantities ( $\Delta\varepsilon$ ,  $\varepsilon_{acc}$ )



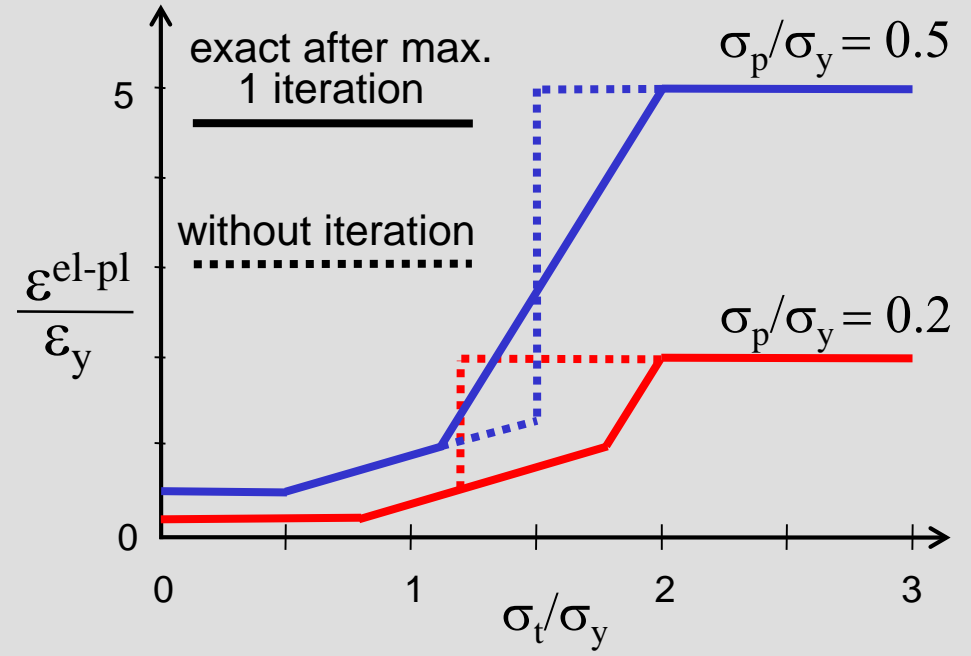
# Example 9: Ratch-Inter: 2 Bars Parallel



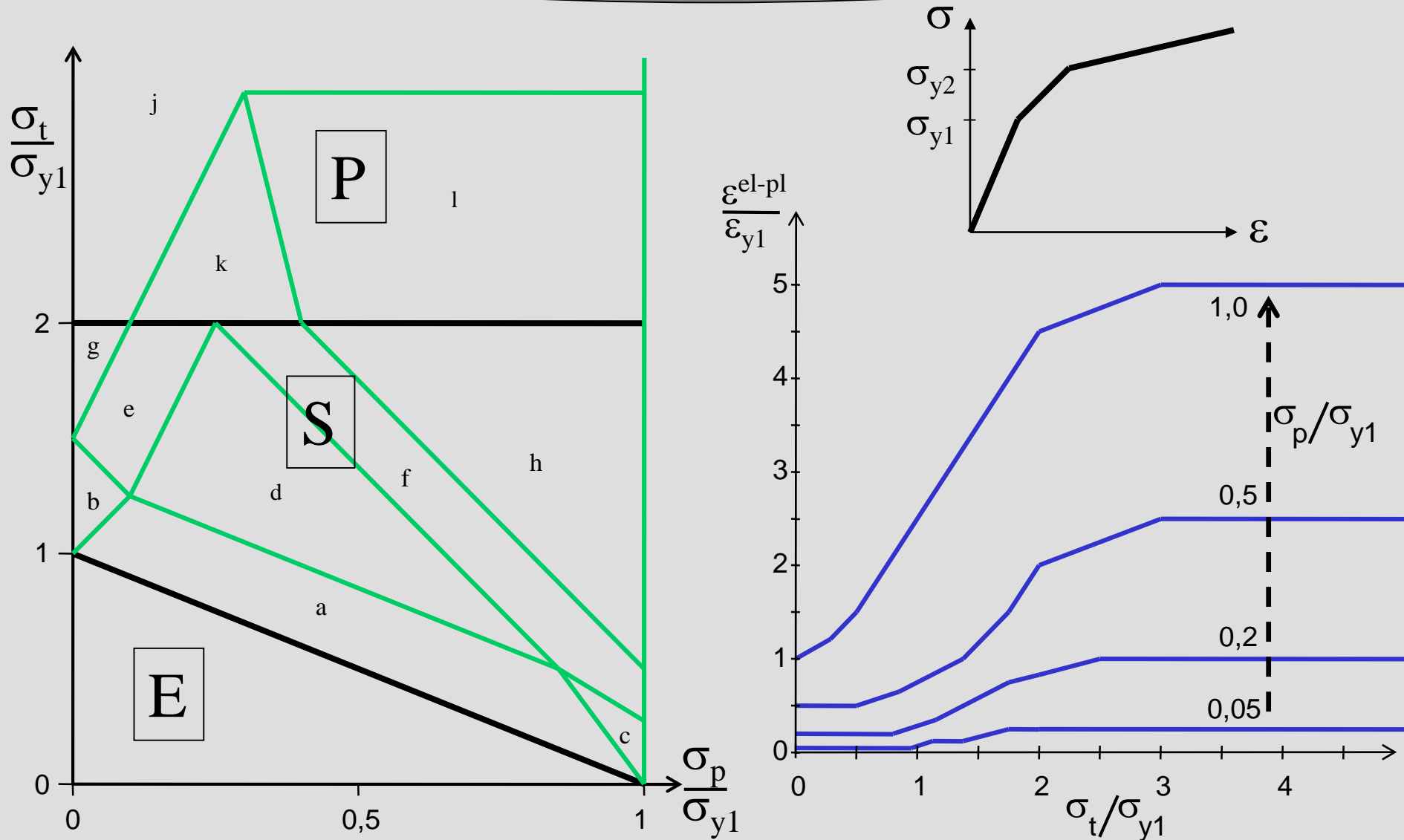
hand calculation for any configuration of loading (T, F) and hard. param. ( $E_t/E$ ):



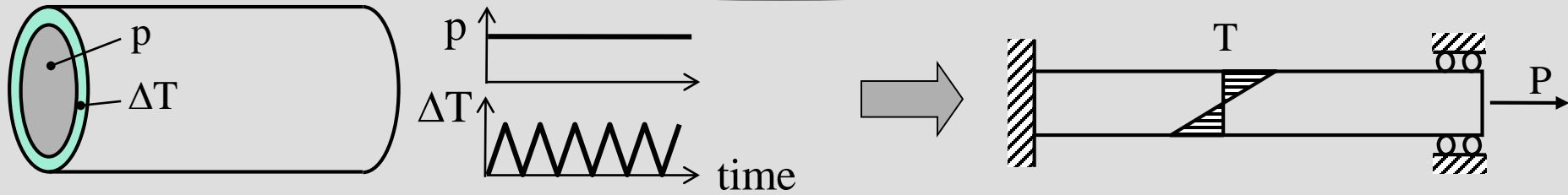
→ exact after maximum 1 iteration



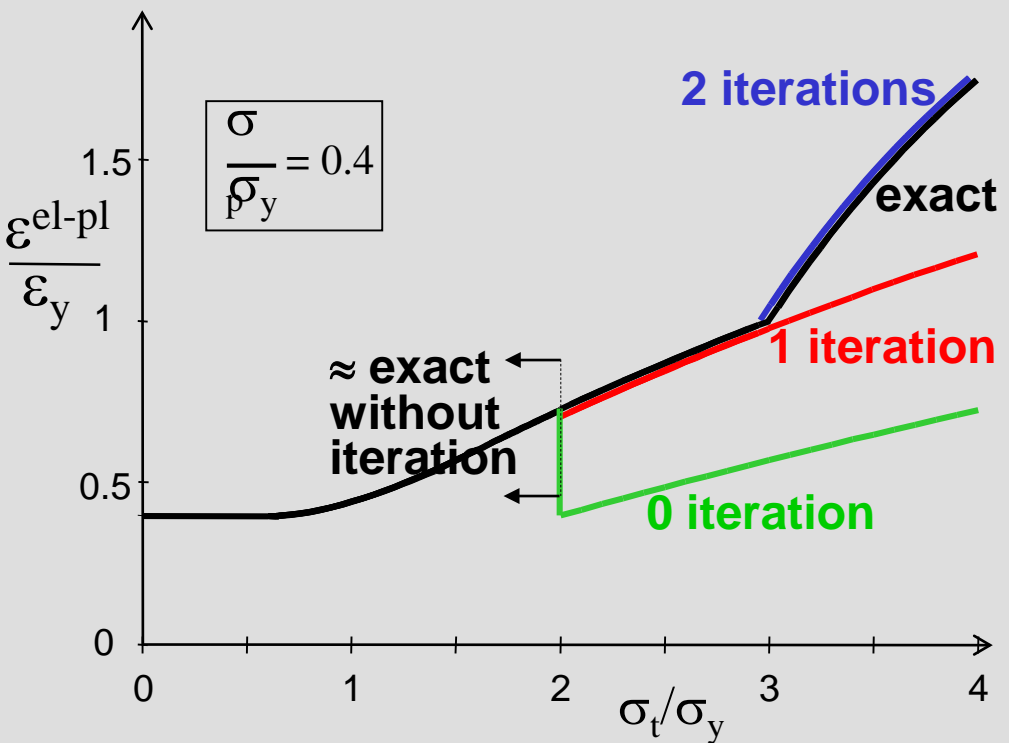
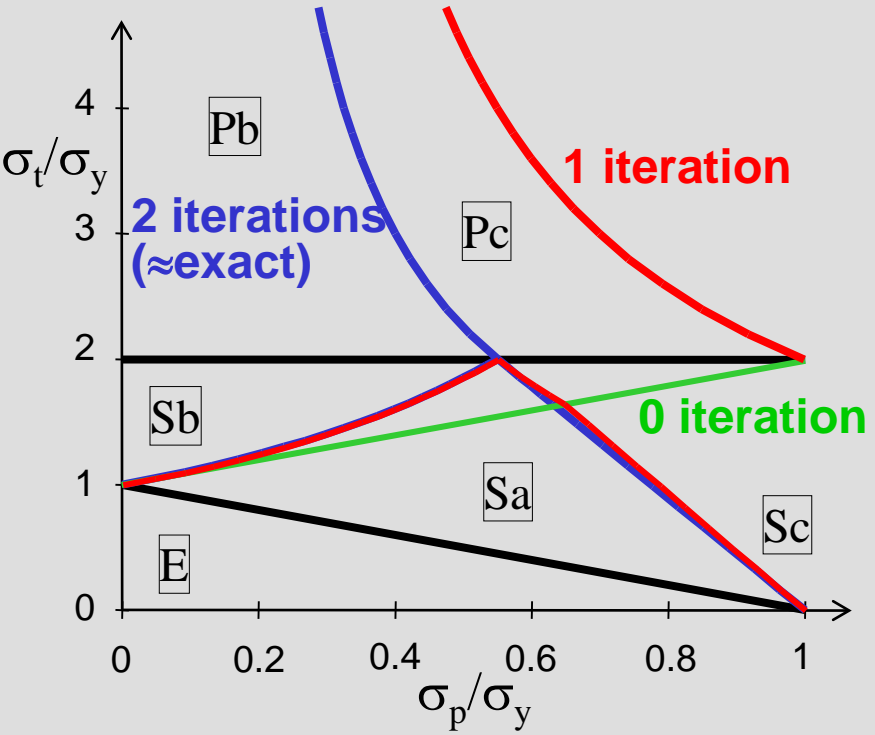
# Example 10: Ratch-Inter: 2 Bars Parallel (Trilinear)



# Example 11: Ratch-Inter: Bree Problem

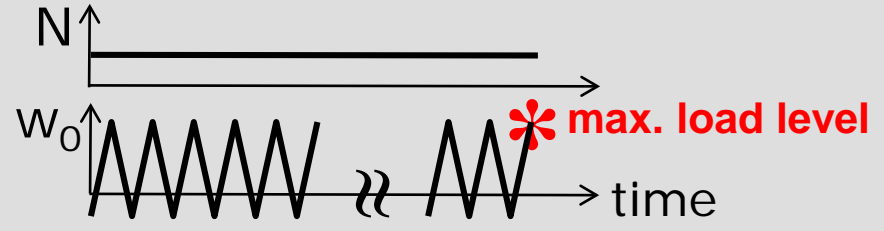
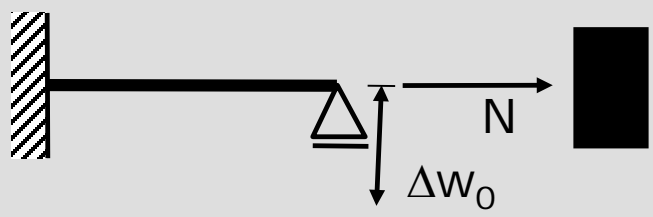


hand calculation for any configuration of loading (T, P) and hard. param. ( $E_+/E$ ):

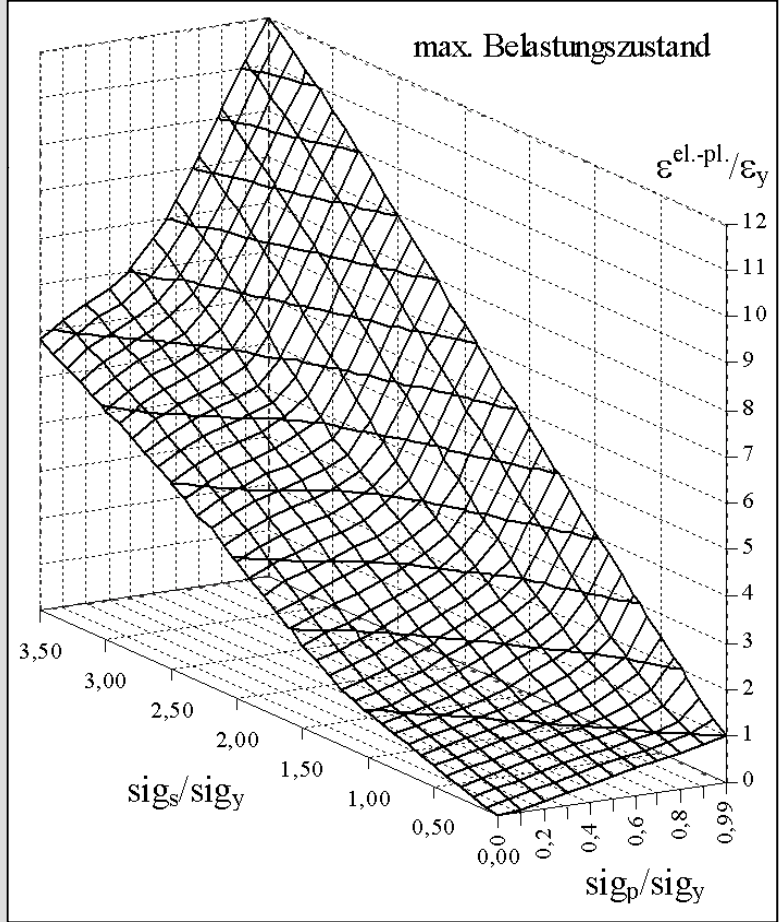
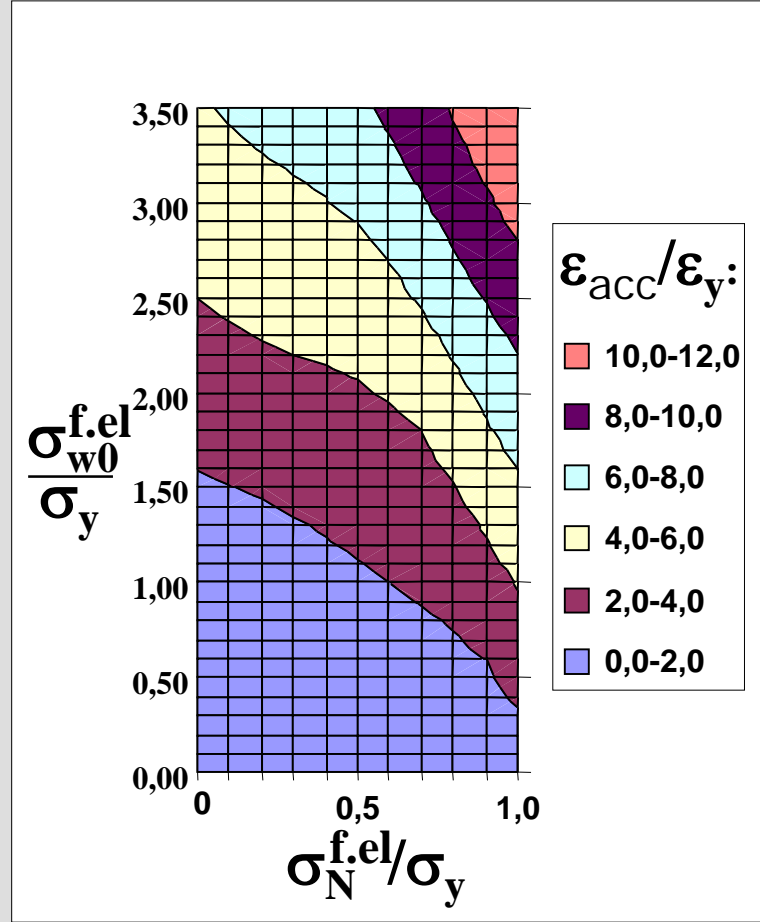


→ close to exact after 2 iterations

# Example 12: Ratch-Inter: Beam under $N, \Delta w_0$

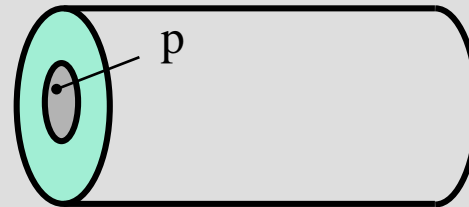


accumulated strain:

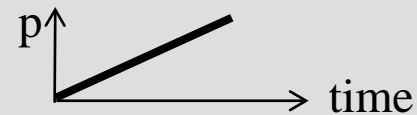


# 1. Benchmark CUT-FHL: Thick-walled Cylinder

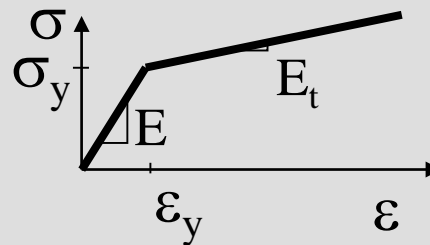
thick walled cylinder  
under internal pressure



mon. loading,  
load level  $\sigma_v^{f.el}/\sigma_y = 1.665$



material: lin. kin. hardening



| combination | $\nu$ | $E_t/E$ |
|-------------|-------|---------|
| A           | 0.49  | 0.001   |
| B           | 0.49  | 0.1     |
| C           | 0.3   | 0.001   |
| D           | 0.3   | 0.1     |

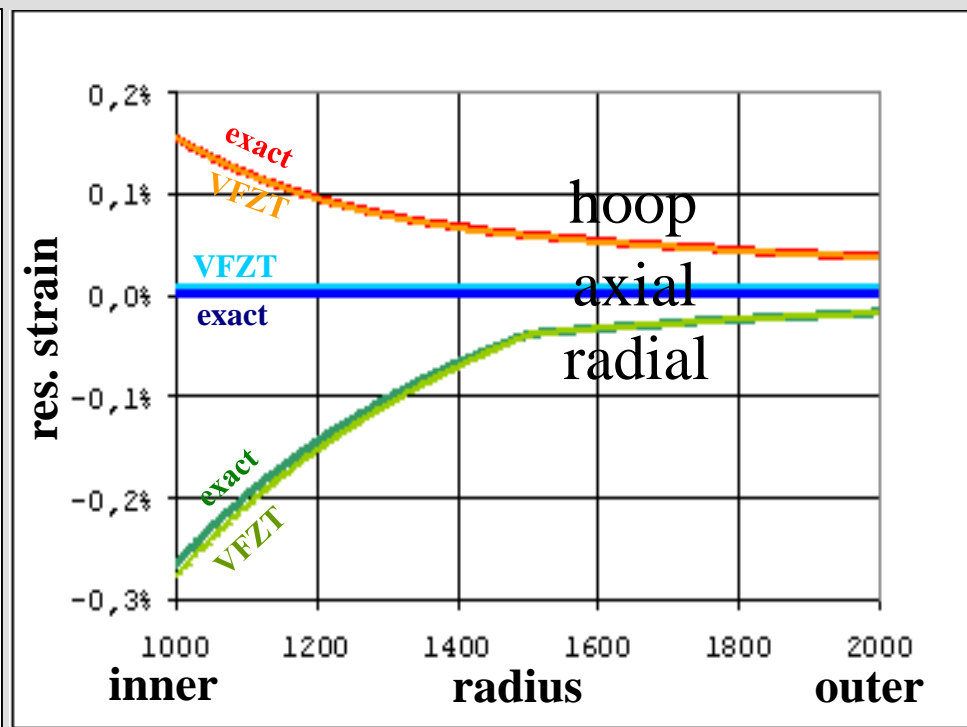
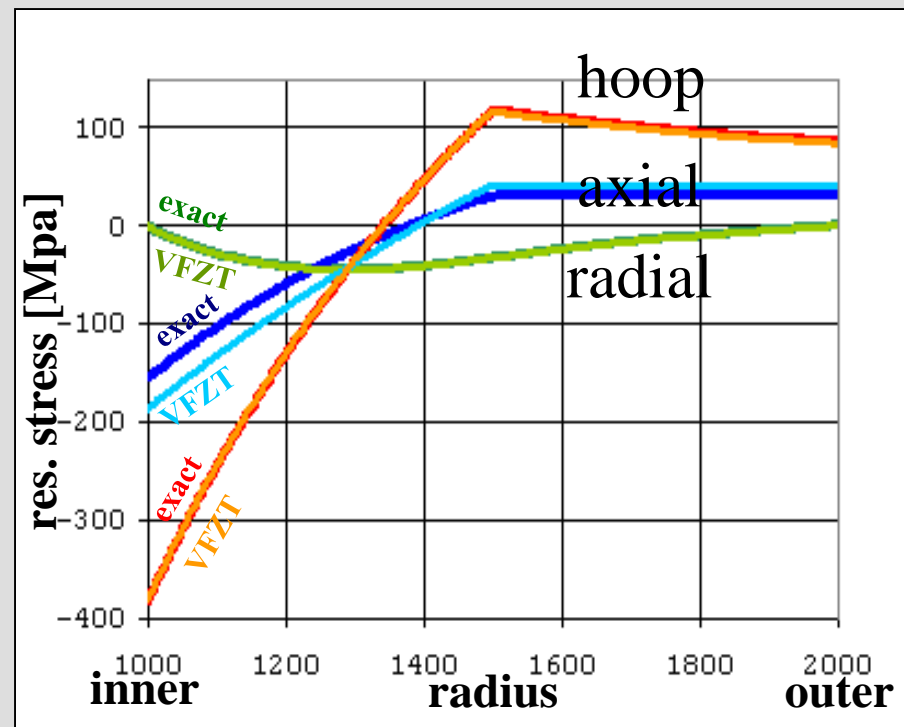


# 1. Benchmark CUT-FHL (ctd.): Thick-walled Cylinder

results:

combinations A, B, D: all residual stress- and strain-components after 6 mea  
close to exact values (difference <1%);

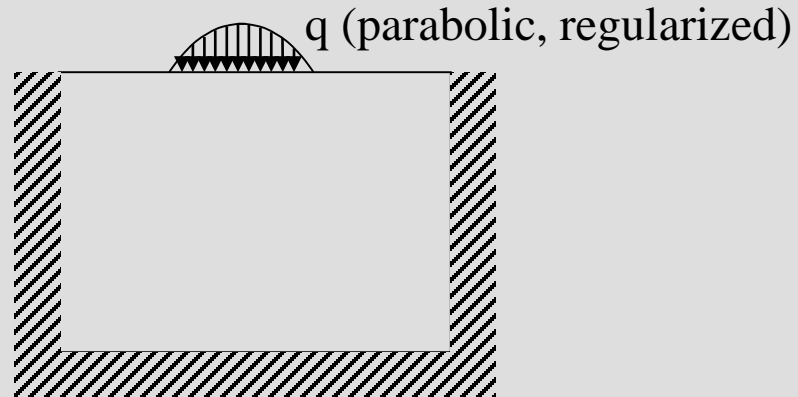
combination C ( $E_T/E=0.001$ ,  $\nu=0.3$ ):



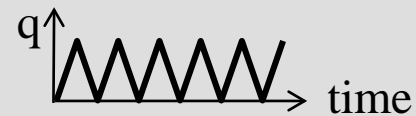
no improvement with more mea  $\rightarrow$  loss in accuracy: why?

## 2. Benchmark CUT-FHL: Hertz Contact

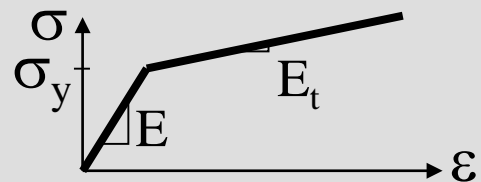
Hertz contact  
(plane stress)



stationary cycl. loading (ES);  
load level  $\sigma_v^{f.el}/\sigma_y = 1.388$

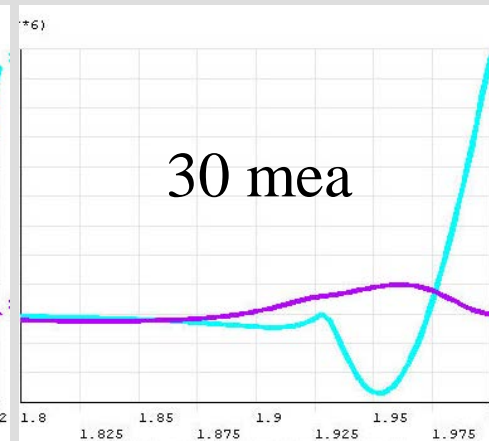
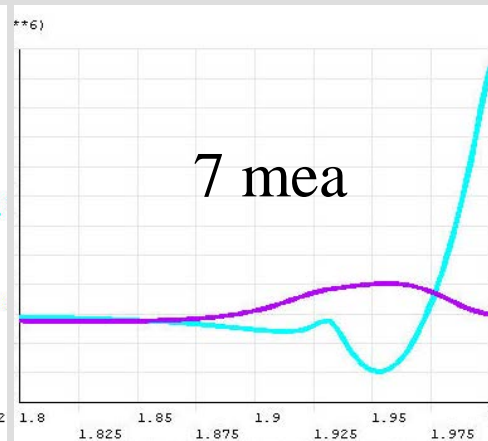
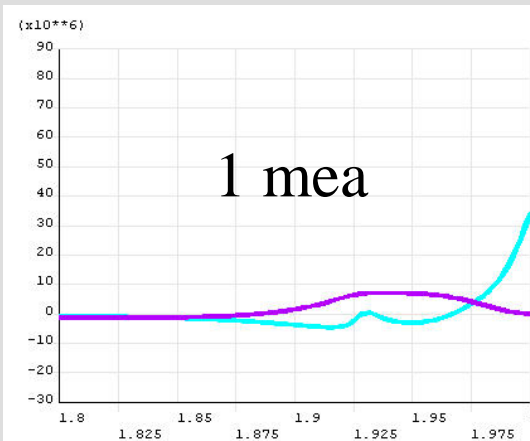
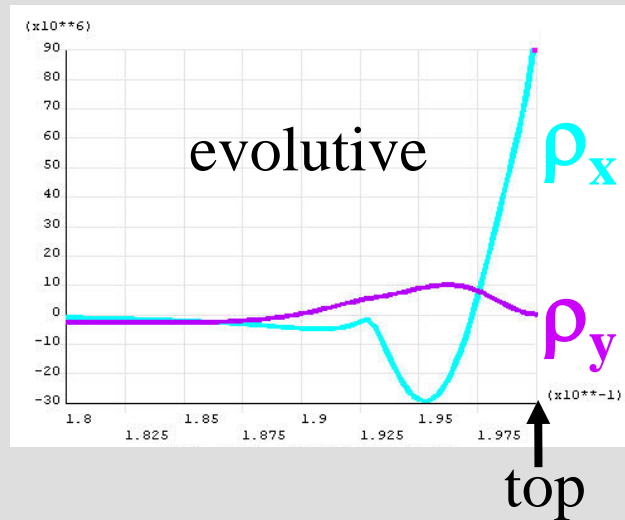
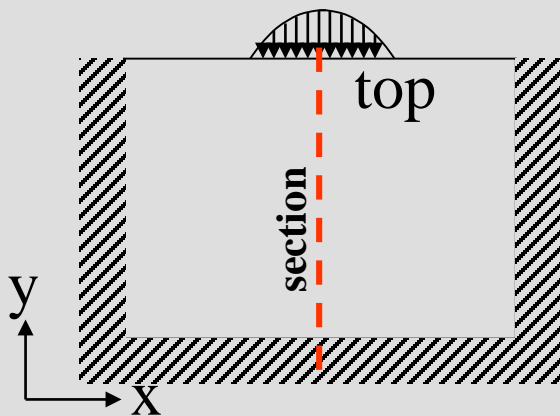


lin. kin. hardening  
 $E_t/E = 0.1$



# 2. Benchmark CUT-FHL (ctd.): Hertz Contact

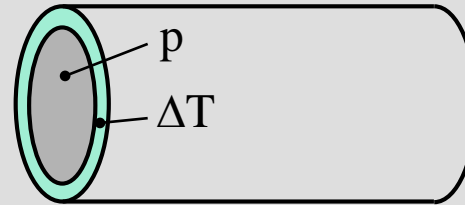
results:  
residual stresses along vertical section:



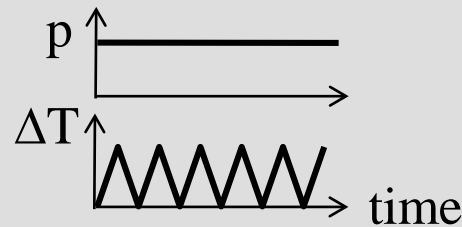
→ slow approximation to exact solution:  
why?

# 3. Benchmark CUT-FHL: Bree Problem

thin-walled cylinder  
under internal pressure and  
radial temperature gradient

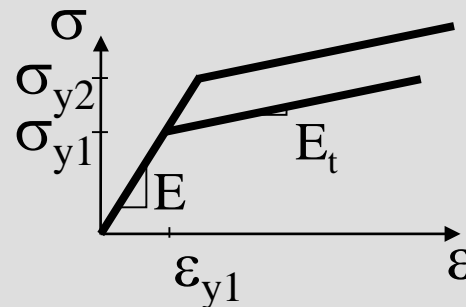


cycl. loading (ES, PS)



| combi-<br>nation           | Sa  | Sb  | Sc  | Pb  | Pc  |
|----------------------------|-----|-----|-----|-----|-----|
| $\sigma_p^{f.el}/\sigma_y$ | 0.7 | 0.2 | 0.8 | 0.2 | 0.8 |
| $\sigma_t^{f.el}/\sigma_y$ | 1.2 | 1.9 | 1.9 | 4   | 4   |

lin. kin. hardening:  
 $E_+/E = 0.1$ ,  
T-dependent yield stress

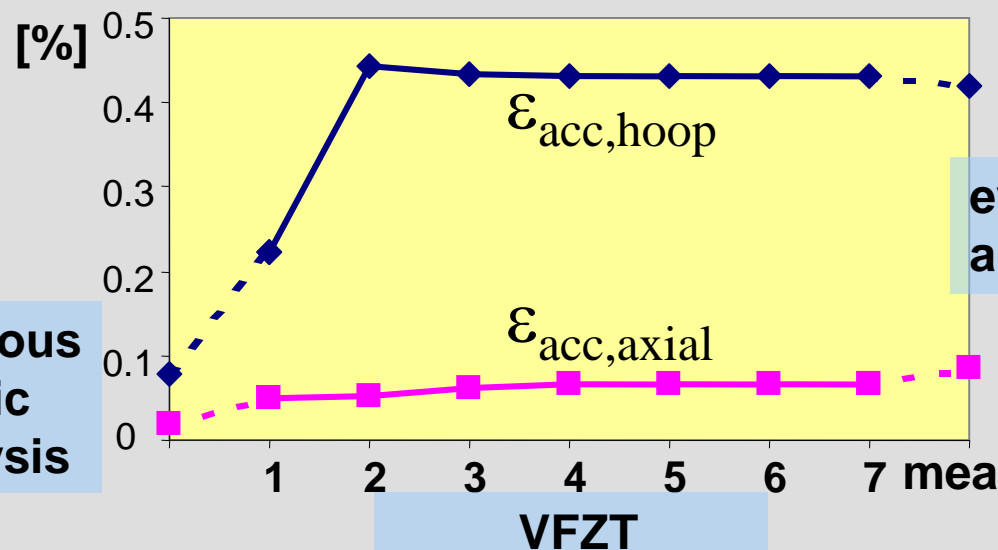


# 3. Benchmark CUT-FHL (ctd.): Bree Problem

$\sigma_y = 200$  at inner and outer surface for min. load level (no temperature),  
 $\sigma_y = 161.1$  at inner surface and  $238.9$  at outer surface for max. load level  
 (fully developed T-gradient)

results for combination Pc:

- range values = exact after 2 mea
- accum. state at minimum load level:



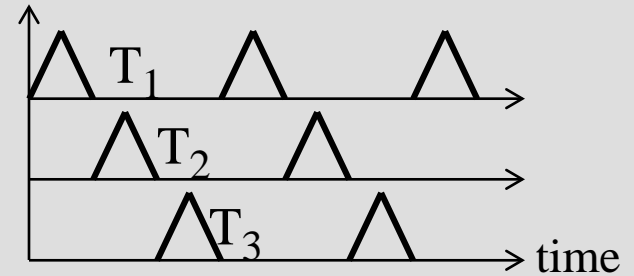
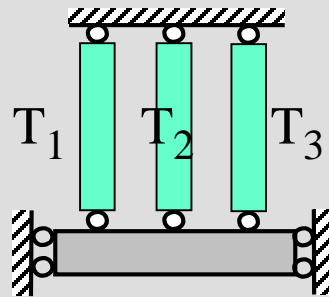
fictitious  
elastic  
analysis

evolutionary  
analysis

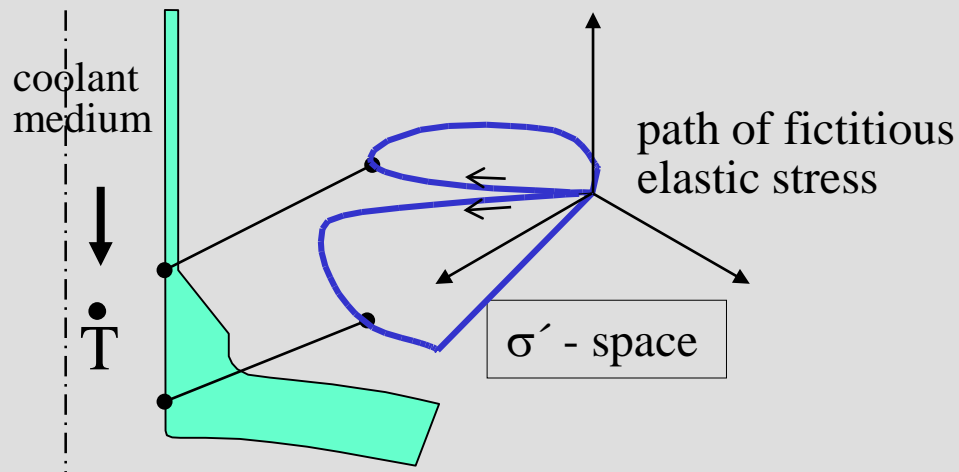
→  $\epsilon_{acc}$   
reasonable,  
but not  
superior:  
why?

# Further Development: Non-radial Loading

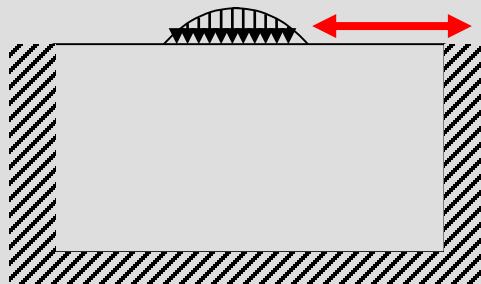
3-Bar Problem:



Nozzle:



Moving Load:



# Summary

Zarka's Method (and its modifications by FHL) is a simplified method to provide post-shakedown quantities in ES and PS by direct means ( $\Delta\varepsilon$  for fatigue,  $\varepsilon_{acc}$  for ratcheting-assessment, displacements)

is implemented in commercial FE-program ANSYS for monotonic and cyclic loading

examples show in case of radial loading:

- good approximation to exact solution
- at small numerical effort (few linear elastic analyses)
- in particular if directional redistribution is not strongly developed
- range-values (PS) usually better than mean values

benchmarks between CUT and FHL raised some questions